



CRONOTECH

CRONOMETRAJE E TECNOLOXIA NO DEPORTE

MARALBATU

O GROVE - SANXENXO, 22/05/2016

Organiza: GESTSPORT GALICIA

Cronometra: CRONOTEC

Sistema: CRONOMACH

Clasificaciones: www.cronotec.es

RESULTADOS

Pos.	Nº	Nome	Clube	Cat.	Pos.	Control	T.Oficial	T.Netto	P./Km	Dif.
1	2	Penas Blanco, Manuel Angel	Club New Balance	ABSM	1	32:47	1:08:44.27	1:08:44	03:15	
2	114	Essaadaoui, Akka	INDEPENDIENTE	ABSM	2	32:45	1:09:40.92	1:09:41	03:18	0:00:57
3	202	Domínguez Cabral, Elías Salvador	ATLETISMO SANTIAGO	ABSM	3	33:02	1:11:40.01	1:11:40	03:24	0:02:56
4	308	Álvarez Costas, Alejandro	COMESAÑA SPORTING CLUB	SMN	1	34:21	1:12:46.28	1:12:46	03:27	0:04:02
5	398	Castro Varela, Anxo	ASOCIACION DEPORTIVA CERNE MELIDE	SMN	2	36:17	1:14:57.48	1:14:57	03:33	0:06:13
6	610	Janeiro, Jorge	C.D.PINARIUM	V1M	1	35:17	1:15:16.28	1:15:15	03:34	0:06:32
7	611	Vieites Carballo, Manuel	CUNTIS	V1M	2	35:17	1:15:33.16	1:15:33	03:35	0:06:49
8	455	Barros González, Abel	ATLETISMO +9 MORAÑA	V1M	3	35:17	1:15:40.18	1:15:40	03:35	0:06:56
9	631	Carrasco Rodriguez, Juan		V2M	1	36:38	1:17:08.23	1:17:07	03:39	0:08:24
10	655	Castro, Ignacio		SMN	3	36:38	1:17:08.59	1:17:07	03:39	0:08:25
11	541	Dobarro Landeira, Adrian	ATLETISMO FONTES DO SAR	SMN	4	36:38	1:17:19.15	1:17:11	03:40	0:08:35
12	74	Rodriguez Vidal, Ruben	C.D. RIA DE AROUSA O GROVE	SMN	5	37:57	1:17:49.68	1:17:48	03:41	0:09:06
13	599	Díaz Iglesias, Juan	GESTSPORT	V1M	4	35:18	1:18:06.11	1:18:06	03:42	0:09:22
14	347	Alvarez Otero, Jose Antonio		V1M	5	37:57	1:18:24.42	1:18:24	03:43	0:09:40
15	135	Alonso Figueroa, Pablo	CLUB TRIATLON MORRAZO	V1M	6	37:57	1:18:27.59	1:18:27	03:43	0:09:44
16	32	García Padín, Daniel	C.D. RIA DE AROUSA	SMN	6	37:19	1:18:41.85	1:18:41	03:44	0:09:58
17	596	Omil Iglesias, Jose Manuel	CLUB DEPORTIVO PINARIUM	V1M	7	37:21	1:19:37.00	1:19:36	03:46	0:10:53
18	495	Barcala Mora, Victor	INDEPENDIENTE	V2M	2	37:20	1:19:43.00	1:19:40	03:47	0:10:59
19	120	Pacheco Martinez, Victor Hugo	INDEPENDIENTE	V1M	8	38:16	1:19:48.54	1:19:41	03:47	0:11:05
20	1637	hermelo gomez, sergio		SMN	7	37:30	1:20:24.13	1:20:24	03:49	0:11:40
21	575	Lorenzo lopez, Manuel	C.D. PINARIUM	SMN	8	37:27	1:20:30.10	1:20:30	03:49	0:11:46
22	581	Fernández Gómez, Antonio		SMN	9	38:27	1:20:35.20	1:20:34	03:49	0:11:51
23	251	Sobrado Fernandez, Antonio	ASOCIACIÓN DEPORTIVA C.A.R	V2M	3	37:16	1:20:39.81	1:20:38	03:49	0:11:56
24	51	Oubiña Falcón, Maxi	CLUB ATLETISMO CAMBADOS	SMN	10	37:17	1:20:40.50	1:20:39	03:49	0:11:57

25	516	Barros Monteagudo, Anxo	VETERANOS DE GALICIA	V2M	4	38:13	1:21:19.19	1:21:18	03:51	0:12:35
26	152	Perez Prieto, Gerardo	CLUBE ATLETISMO CAMBADOS	V1M	9	38:44	1:21:25.48	1:21:23	03:52	0:12:41
27	585	Sobral Gonzalez, Manuel	C.D.PINARIUM	SMN	11	38:42	1:21:31.04	1:21:31	03:52	0:12:47
28	176	Cacheda Chouza, Cristóbal	TEAM CORBELO	V1M	10	38:42	1:21:37.00	1:21:35	03:52	0:12:53
29	616	Fernandez Martínez, Fernando	OLIMPICO DE VEDRA	V1M	11	39:16	1:21:47.07	1:21:44	03:53	0:13:03
30	371	Alba Alonso, Miguel		V2M	5	38:34	1:22:03.26	1:22:01	03:53	0:13:19
31	1	Mayobre, Paula		ABSF	1	39:17	1:22:07.37	1:22:07	03:54	0:13:23
32	566	Seoane Pombo, José Manuel		V1M	12	39:19	1:22:09.38	1:22:09	03:54	0:13:25
33	549	Villaverde Vázquez, Luis Alberto	3&RUN BY PEDRO NIMO	V1M	13	39:18	1:22:10.75	1:22:07	03:54	0:13:27
34	472	Boo Grande, Marcos	INDEPENDIENTE	V1M	14	38:46	1:22:20.45	1:22:14	03:54	0:13:36
35	416	Calvo Rodríguez, Gerardo	INDEPENDIENTE	SMN	12	38:56	1:22:54.95	1:22:52	03:56	0:14:11
36	157	Fernández Mendez, Jose Manuel	CORREDORES DO MIÑO	V1M	15	38:58	1:23:13.63	1:23:10	03:57	0:14:30
37	256	Vazquez Iglesias, Antonio	BURGAS OURENSE ATLETISMO	V2M	6	38:57	1:23:14.24	1:23:11	03:57	0:14:30
38	83	Otero Garrido, Javier	CD RIA DE AROUSA	V1M	16	38:56	1:23:25.62	1:23:23	03:57	0:14:42
39	100	Rios Ferradás, Agustín	INDEPENDIENTE	V1M	17	38:57	1:23:33.65	1:23:32	03:58	0:14:50
40	31	Cacabelos Bea, Rafael	C.D. RÍA DE AROSA	SMN	13	39:51	1:23:34.47	1:23:31	03:58	0:14:50
41	634	Pazos Campos, Francisco	ATLETISMO + 9 MORAÑA	V2M	7	37:43	1:23:36.00	1:23:36	03:58	0:14:52
42	236	Mendes Pinheiro, Helder Gabriel		V2M	8	39:00	1:23:38.19	1:23:35	03:58	0:14:54
43	609	Fernández Góme, Raimundo		V1M	18	39:16	1:23:38.31	1:23:36	03:58	0:14:54
44	505	Gallego Mandado, Fernando		V2M	9	40:03	1:23:42.11	1:23:38	03:58	0:14:58
45	320	Otero Ramirez, Alejandro	A BOUZA SPRINT	SMN	14	39:20	1:23:42.43	1:23:36	03:58	0:14:58
46	328	Beiro Fernandez, Raul	S.A.VAL MIÑOR	SMN	15	38:07	1:23:56.58	1:23:57	03:59	0:15:13
47	449	Santiago Bosch, José Antonio	CLUB DEPORTIVO PINARIUM	V1M	19	40:17	1:24:09.79	1:24:09	03:59	0:15:26
48	632	De Rivas Martín-maestro, José Antor	PONTE A CORRER	V2M	10	40:21	1:24:37.61	1:24:32	04:01	0:15:54
49	39	Garcia Padin, David	C.D.RIA DE AROUSA	SMN	16	39:45	1:24:56.14	1:24:54	04:02	0:16:12
50	192	Vázquez Remigio, Juan Diego	RIA DE AROUSA	V1M	20	39:49	1:24:56.34	1:24:55	04:02	0:16:12
51	194	Martínez Nieto, Michel	CLUB ATLETISMO OUTES-JOHN TURKEY C	V1M	21	39:47	1:25:22.57	1:25:19	04:03	0:16:39
52	88	Carreira Oubiña, Manuel		V1M	22	39:29	1:25:28.47	1:25:28	04:03	0:16:44
53	562	Ameal Lorenzo, Eduardo		V1M	23	39:17	1:25:30.58	1:25:25	04:03	0:16:47
54	90	Torre Soengas, Abraham	VERXEL NUTRICIÓN DEPORTIVA	V1M	24	39:51	1:25:31.26	1:25:28	04:03	0:16:47
55	643	Morenza doforno, German	DEPORTIVO PINARIUM	V2M	11	40:25	1:25:36.96	1:25:35	04:03	0:16:53
56	280	Iglesias González, Ángel	CORREDOIRAS BUEU	V2M	12	40:39	1:25:41.98	1:25:37	04:04	0:16:58
57	71	Fernández Gil, Beatriz	CLUBCORREDOIRASBUEU@GMAIL.COM	ABSF	2	40:28	1:25:41.99	1:25:39	04:04	0:16:58
58	543	Gomez Fernandez, Adrian	INDEPENDIENTE	V1M	25	40:52	1:25:44.74	1:25:33	04:04	0:17:01
59	211	Verde Piñeiro, Ricardo	CORREDOIRAS BUEU	V1M	26	40:02	1:25:45.39	1:25:40	04:04	0:17:01
60	160	Limeres Posse, Jacobo	UNIVERSIDAD SANTIAGO	V1M	27	40:40	1:25:51.32	1:25:42	04:04	0:17:07
61	57	Moldes Gonzalez, Alejo	INDEPENDIENTE	SMN	17	41:30	1:25:51.90	1:25:46	04:04	0:17:08

62	123	Losada Pérez, José		V1M	28	41:09	1:26:07.63	1:26:03	04:05	0:17:24
63	578	Fraga Adrio, Carlos	GESTSPORT	SMN	18	41:10	1:26:11.48	1:26:08	04:05	0:17:27
64	432	Granero Otero, Monica	INDEPENDIENTE	ABSF	3	41:38	1:26:16.19	1:26:14	04:05	0:17:32
65	612	Pérez Soto, Laureano	RUNPONTEVEDRA	V1M	29	41:36	1:26:31.28	1:26:17	04:06	0:17:47
66	264	Falcón Pérez, Santiago	AT. RIA DE AROUSA	V2M	13	41:58	1:26:36.51	1:26:30	04:06	0:17:53
67	128	Estévez Estévez, Martín	CORREDOIRAS BUEU	V1M	30	40:39	1:26:39.97	1:26:38	04:06	0:17:56
68	169	Hermida Castro, Jose Luis	A.D LIMIACTIVA	V1M	31	41:29	1:26:42.40	1:26:41	04:07	0:17:58
69	162	Fernandez Cambados, Joaquin	ATLETISMO RIA DE AROUSA	V1M	32	41:11	1:26:50.34	1:26:39	04:07	0:18:06
70	437	Torres Neira, Mateo		V1M	33	41:33	1:26:50.38	1:26:44	04:07	0:18:06
71	288	Martínez García, José Antonio	CLUB DE ATLETISMO SADA	V3M	1	40:44	1:26:50.89	1:26:47	04:07	0:18:07
72	47	Pascual Fidalgo, Marcos A.		SMN	19	41:11	1:26:52.84	1:26:47	04:07	0:18:09
73	561	Queiruga Triñanes, Suso	CD PORTOSIN	V1M	34	40:47	1:26:53.84	1:26:41	04:07	0:18:10
74	78	Pérez Fernandez, Salvador	INDEPENDIENTE	SMN	20	40:44	1:26:58.24	1:26:56	04:07	0:18:14
75	526	Sánchez Murcia, José Alfredo	VETERANOS DE GALICIA	V2M	14	41:10	1:27:13.26	1:27:11	04:08	0:18:29
76	284	Neira, Manuel		V2M	15	42:46	1:27:17.58	1:26:56	04:08	0:18:34
77	489	Rey Jácome, Vicente	INDEPENDIENTE	V1M	35	41:12	1:27:24.52	1:27:18	04:09	0:18:41
78	389	Perez Gil, Santiago		V3M	2	40:02	1:27:28.64	1:27:23	04:09	0:18:45
79	427	Vigo Perez, Javier	INDEPENDIENTE	SMN	21	40:38	1:27:34.47	1:27:30	04:09	0:18:50
80	468	Gil Dopazo, Ricardo	VETERANOS DE GALICIA	V1M	36	40:47	1:27:39.03	1:27:37	04:09	0:18:55
81	26	Fuentes Bardanca, Daniel	INDEPENDIENTE	SMN	22	41:12	1:27:43.11	1:27:37	04:09	0:18:59
82	177	Prol Cambados, Jose Santos	ATLETISMO RIA DE AROUSA	V1M	37	41:12	1:27:47.06	1:27:36	04:10	0:19:03
83	147	Arias Quintero, David	WHERE IS THE CHANDAL?	V1M	38	42:46	1:27:52.68	1:27:38	04:10	0:19:09
84	341	Costas Iglesias, Serafin	COMESAÑA SPORTING CLUB	V1M	39	41:06	1:28:08.17	1:28:07	04:11	0:19:24
85	570	Saez Batallan, Isabel	ATLETISMO A ESTRADA	V2F	1	41:18	1:28:18.46	1:28:16	04:11	0:19:34
86	158	Rodríguez Domíngues, Andrés	C.D. PINARIUM	V1M	40	41:51	1:28:29.06	1:28:29	04:12	0:19:45
87	21	Caneda Devesa, Eros Martin	OGROBE TROTTERS	SMN	23	43:40	1:28:30.03	1:28:23	04:12	0:19:46
88	597	Carballal Gonzalez, Antonio	CLUB DEPORTIVO PINARIUM	V1M	41	42:33	1:28:33.22	1:28:33	04:12	0:19:49
89	219	Fuentes Sayar, Jose Angel	CLUB DEPORTIVO PINARIUM	V2M	16	42:31	1:28:41.25	1:28:37	04:12	0:19:57
90	374	Rodríguez Prieto, Manuel	INDEPENDIENTE	V2M	17	42:15	1:28:43.12	1:28:26	04:12	0:19:59
91	278	Pérez Lago, Angel	CORREDOIRAS BUEU	V2M	18	40:27	1:29:00.09	1:28:55	04:13	0:20:16
92	15	Garcia Balboa, Alfredo	INDEPENDIENTE	SMN	24	41:08	1:29:01.15	1:28:56	04:13	0:20:17
93	493	González Chayan, Jose Manuel	VETERANOS DE GALICIA	V2M	19	42:31	1:29:08.59	1:28:56	04:13	0:20:25
94	89	Perez Rodas, Daniel	INDEPENDIENTE	V1M	42	42:33	1:29:12.54	1:28:52	04:14	0:20:29
95	97	Barreiro Piñeiro, Santiago	CORREDOIRAS BUEU	V1M	43	41:39	1:29:21.44	1:29:16	04:14	0:20:37
96	457	Frieiro, Olivier		V1M	44	42:16	1:29:26.41	1:29:19	04:14	0:20:42
97	337	Fernandez, Walter		V1M	45	42:36	1:29:33.16	1:29:28	04:15	0:20:49
98	133	Gonzalez Martinez, Jose Antonio	CAC CAMBADOS	V1M	46	41:25	1:29:38.92	1:29:36	04:15	0:20:55

99	55	Chaves mon, Ramiro	INDEPENDIENTE	SMN	25	42:51	1:29:39.39	1:29:34	04:15	0:20:55
100	622	Mera Rodriguez, Jose Carlos	PONTE A CORRER	V1M	47	42:25	1:29:43.09	1:29:27	04:15	0:20:59
101	195	De La Torre Garcia, Paco	C.D PORTOSIN	V1M	48	42:05	1:29:45.54	1:29:32	04:15	0:21:02
102	502	Balea Piñeiro, Jose Ramiro	INDEPENDIENTE	V2M	20	42:43	1:29:45.69	1:29:39	04:15	0:21:02
103	217	Blanco Magdalena, Francisco Javier	CLUBE DEPORTIVO RIA DE AROUSA DO G	V1M	49	40:09	1:29:51.46	1:29:49	04:16	0:21:07
104	212	Mujeriego Gomez, Jose Luis		V1M	50	42:43	1:29:52.15	1:29:45	04:16	0:21:08
105	141	Álvarez Serto, Ángel	AROMON	V1M	51	43:18	1:29:54.48	1:29:48	04:16	0:21:10
106	75	Figueroa Figueroa, Maria Del Rosari	RUNGALICIA.COM	SNF	1	41:17	1:29:55.03	1:29:54	04:16	0:21:11
107	72	Sueiro Méndez, Miguel	CLUB ATLETISMO CAMBADOS	SMN	26	41:18	1:29:58.60	1:29:49	04:16	0:21:15
108	508	Refojos Arencibia, Francisco Javier	INDEPENDIENTE	V2M	21	41:42	1:30:01.62	1:29:56	04:16	0:21:18
109	117	Rodríguez Fontán, Gonzalo		V1M	52	42:14	1:30:02.52	1:29:57	04:16	0:21:19
110	580	Castroagudin Gómez, Adrián	ATLETISMO +9 MORAÑA	SMN	27	40:51	1:30:11.43	1:30:09	04:16	0:21:27
111	34	Fernández Devesa, Julio	C.D. RIA DE AROUSA	SMN	28	40:52	1:30:16.24	1:30:14	04:17	0:21:32
112	145	Lorenzo García, David	PC RÍAS BAIXAS	V1M	53	42:43	1:30:16.92	1:30:11	04:17	0:21:33
113	5	datod, Sin	SAN MIGUEL DE MARÍN	SMN	29	42:42	1:30:18.99	1:30:17	04:17	0:21:35
114	551	Carballas Reboredo, David	INDEPENDIENTE	V1M	54	41:26	1:30:21.74	1:30:18	04:17	0:21:38
115	544	Rey Iglesias, Juan Jose	3&RUN BY PEDRO NIMO	V1M	55	42:47	1:30:22.77	1:30:06	04:17	0:21:39
116	70	Triñanes Costa, Eloy		SMN	30	41:14	1:30:25.55	1:30:26	04:17	0:21:42
117	91	Herrera Garcia, David	3&RUN BY PEDRO NIMO	V1M	56	42:49	1:30:25.65	1:30:09	04:17	0:21:42
118	629	Nimo Del Oro, Pedro	3&RUN BY PEDRO NIMO	SMN	31	42:50	1:30:26.17	1:30:26	04:17	0:21:42
119	13	Vilavedra Zarazo, Pablo	INDEPENDIENTE	SMN	32	42:11	1:30:34.64	1:30:30	04:18	0:21:51
120	343	Mariño Fernández, Isaac	ADN RUNNERS - TELMO PELUQUEROS	V1M	57	43:59	1:30:36.22	1:30:29	04:18	0:21:52
121	352	Afonso Teixeira, Jose	INDEPENDIENTE	V1M	58	42:40	1:30:36.69	1:30:22	04:18	0:21:53
122	447	Barreiro Marquez, José Antonio		V1M	59	42:16	1:30:38.00	1:30:30	04:18	0:21:54
123	121	Ferreiro Deaño, Alfredo	CLUB DEPORTIVO AURUM	V1M	60	42:43	1:30:38.85	1:30:34	04:18	0:21:55
124	181	Lorenzo Silva, Ángel	AGENCIA MORLA PADRÓN	V1M	61	43:15	1:30:41.83	1:30:37	04:18	0:21:58
125	61	Ferreiro Fernandez, Asdrubal	LA NIETA DEL FARERO	SMN	33	42:16	1:30:43.68	1:30:36	04:18	0:22:00
126	258	Carrera, José	VIGORUNNERS	V2M	22	42:17	1:30:49.45	1:30:37	04:18	0:22:05
127	270	Caeiro González, Eugenio	CLUB MONTEPENARUBIA LUGO	V2M	23	42:18	1:30:49.57	1:30:32	04:18	0:22:06
128	591	Martinez Portela, Francisco	GESTSPORT	SMN	34	42:00	1:31:02.84	1:30:51	04:19	0:22:19
129	231	Blanco Figueirido, Marcos Antonio		V2M	24	42:43	1:31:03.56	1:30:56	04:19	0:22:20
130	633	Aramburu García-pintos, Alberto		V2M	25	42:32	1:31:11.84	1:31:06	04:19	0:22:28
131	659	Fernandez Fernandez, Oscar	INDEPENDIENTE	V1M	62	44:06	1:31:15.36	1:31:02	04:19	0:22:31
132	18	Ventín Lombos, Cristian	INDEPENDIENTE	SMN	35	42:40	1:31:26.98	1:31:24	04:20	0:22:43
133	205	Fernandez Blanco, Cesar	ASOCIACION DEPORTIVA CAR	V1M	63	43:38	1:31:44.11	1:31:34	04:21	0:23:00
134	214	Rama González, Fernando	TANINOS RUNNERS PONTEAREAS	V1M	64	42:42	1:31:46.26	1:31:42	04:21	0:23:02
135	558	Mendez Quintela, Francisco M.	NOITEBRA FC	V1M	65	45:26	1:32:04.15	1:31:28	04:22	0:23:20

136	35	Romay Rodriguez, Ricardo	INDEPENDIENTE	SMN	36	44:55	1:32:09.03	1:31:51	04:22	0:23:25
137	349	Fernandez Perez, Oscar Manuel	VIGORUNNERS	V1M	66	42:12	1:32:11.82	1:31:56	04:22	0:23:28
138	473	Pazo Pereira, Jose Manuel	SERVICIO	V1M	67	42:28	1:32:12.95	1:32:09	04:22	0:23:29
139	481	Gomez Valiño, Raul		V1M	68	42:41	1:32:17.20	1:32:07	04:22	0:23:33
140	224	Taboada González, Miguel		V2M	26	43:35	1:32:23.80	1:32:14	04:23	0:23:40
141	17	Outeda Garrido, Héctor	OGROBE TROTTERS	SMN	37	43:39	1:32:24.89	1:32:17	04:23	0:23:41
142	148	González Gómez, Oscar	INDEPENDIENTE	V1M	69	43:28	1:32:26.44	1:31:48	04:23	0:23:42
143	201	Rodriguez Viso, Marcos	ESPRINTES OURENSE	V1M	70	44:24	1:32:29.64	1:32:16	04:23	0:23:46
144	101	Otero Araujo, Carlos Alberto		V1M	71	44:35	1:32:33.75	1:32:14	04:23	0:23:50
145	48	Accion, Javier	LA NIETA DEL FARERO	SMN	38	43:19	1:32:34.41	1:32:28	04:23	0:23:50
146	277	Vega Rodríguez, Gonzalo		V2M	27	46:06	1:32:37.97	1:32:10	04:23	0:23:54
147	253	Carballido Araujo, Víctor Manuel	TANINOS RUNNERS PONTEAREAS	V2M	28	42:45	1:32:43.15	1:32:39	04:24	0:23:59
148	498	Perez Alvarez, Jaime	RUN PONTEVEDRA	V2M	29	44:00	1:32:47.44	1:32:33	04:24	0:24:03
149	523	Soto Otero, Francisco Xabier	RUN PONTEVEDRA	V2M	30	44:00	1:32:47.64	1:32:33	04:24	0:24:04
150	409	Gonzalez Dominguez, Álvaro	INDEPENDIENTE	SMN	39	44:41	1:32:58.04	1:32:45	04:24	0:24:14
151	323	Pazos Otero, Diego		SMN	40	44:24	1:33:02.08	1:32:49	04:25	0:24:18
152	183	Loada Fernandez, Roberto	BOX001 ORENSE	V1M	72	42:42	1:33:05.48	1:32:58	04:25	0:24:21
153	261	Hernández Lozano, Felix Manuel	CORUÑA COMARCA ATLETISMO	V2M	31	43:43	1:33:10.96	1:32:51	04:25	0:24:27
154	167	Ulla Rega, Manuel	ASOCIACIÓN DEPORTIVA C.A.R	V1M	73	43:29	1:33:12.49	1:33:02	04:25	0:24:28
155	533	Calvo Gerardi, Manuel	ATLETISMO +9 MORAÑA	V3M	3	43:46	1:33:14.51	1:33:06	04:25	0:24:31
156	276	Álvarez Flores, José Antonio	INDEPENDIENTE	V2M	32	42:30	1:33:23.88	1:33:09	04:26	0:24:40
157	528	Santiago Pazos, Isidoro	INDEPENDIENTE	V3M	4	44:02	1:33:23.88	1:33:13	04:26	0:24:40
158	503	Cespón Outeda, Francisco	PONTEVEDRUNNERS	V2M	33	44:45	1:33:25.03	1:33:16	04:26	0:24:41
159	507	Barreiro Lobato, Ramón	ATENAS RUNNIG VDA	V2M	34	43:26	1:33:35.58	1:33:30	04:26	0:24:52
160	598	Pereira Fariña, Alberto		V1M	74	45:49	1:33:36.02	1:33:28	04:26	0:24:52
161	170	Seoane Muñiz, Tomás	INDEPENDIENTE	V1M	75	44:03	1:33:42.61	1:33:37	04:26	0:24:59
162	260	Codón Vega, Alfonso	INDEPENDIENTE	V2M	35	45:21	1:33:43.08	1:33:37	04:26	0:24:59
163	225	Raña Gregorio, Xan	C.A.R. MARISQUEIRO	V2M	36	45:24	1:33:43.76	1:33:38	04:27	0:25:00
164	230	Perez Meis, Francisco Jose	C.D. RIA DE AROUSA O GROVE	V2M	37	44:42	1:33:57.84	1:33:51	04:27	0:25:14
165	309	Comesaña Chavert, Dario	MAISQUEAUGA	SMN	41	42:47	1:33:57.85	1:33:51	04:27	0:25:14
166	297	Piñeiro Torres, Juan Miguel	INDEPENDIENTE	V3M	5	42:50	1:34:01.44	1:34:00	04:27	0:25:17
167	406	Carrera Carrera, Xosé Manuel	TANINOS RUNNERS PONTEAREAS	V2M	38	43:45	1:34:05.24	1:34:01	04:28	0:25:21
168	628	Fernandez Balboa, Manuel	PONTE A CORRER	V1M	76	42:47	1:34:06.94	1:33:47	04:28	0:25:23
169	269	Barreiro Padin, Fonso	RIA DE AROUSA	V2M	39	44:42	1:34:07.68	1:34:00	04:28	0:25:24
170	54	Pérez González, David	ATLETISMO A CANUDA SEGUROS BILBAO	SMN	42	45:45	1:34:09.10	1:33:53	04:28	0:25:25
171	326	Veiga Gutierrez, Borja	OBESIX TEAM	SMN	43	47:03	1:34:14.78	1:33:46	04:28	0:25:31
172	462	Vilela, Pablo	PONTE A CORRER	V1M	77	45:51	1:34:23.54	1:34:03	04:28	0:25:40

173	324	Cacheiro Dieguez, Angel		SMN	44	45:32	1:34:24.60	1:33:58	04:28	0:25:41
174	438	Fernandez Landeiro, Juan		V1M	78	44:58	1:34:26.70	1:34:01	04:29	0:25:43
175	424	Garcia Gestido, Jose Angel	INDEPENDIENTE	SMN	45	45:55	1:34:28.95	1:34:15	04:29	0:25:45
176	494	Leon Mateos, Luis	INDEPENDIENTE	V2M	40	46:47	1:34:35.89	1:34:21	04:29	0:25:52
177	198	Juviño Prego, Angel	DREAM TEAM	V1M	79	44:47	1:34:36.74	1:34:23	04:29	0:25:53
178	422	Fraguas Cadavid, Bruno		SMN	46	45:28	1:34:37.31	1:34:29	04:29	0:25:53
179	358	García Miñan, Faustino	INDEPENDIENTE	V1M	80	44:53	1:34:52.33	1:34:44	04:30	0:26:08
180	384	Reboreda Graña, Amador	ASOCIACION DEPORTIVA CAR	V2M	41	45:42	1:34:54.04	1:34:38	04:30	0:26:10
181	150	Diz Chaves, Manuel	ARMENTEIRA E PUNTO	V1M	81	45:47	1:34:54.88	1:34:36	04:30	0:26:11
182	244	Boveda Castro, Jose Luis	CLUB DEPORTIVO RIA DE AROUSA	V2M	42	44:51	1:35:08.66	1:35:06	04:31	0:26:25
183	418	Vázquez Cortizo, Juan Miguel	INDEPENDIENTE	SMN	47	44:52	1:35:12.37	1:35:07	04:31	0:26:28
184	94	Pérez Barbeito, Yago	NOSPORTLIMIT	V1M	82	45:40	1:35:15.13	1:34:49	04:31	0:26:31
185	127	Rey Varela, Ismael	CLUB CICLISTA EO	V1M	83	46:08	1:35:21.32	1:35:07	04:31	0:26:37
186	235	Requejo Rodríguez, José Luis	ATLETISMO ARENTEIRO	V2M	43	45:26	1:35:40.16	1:35:12	04:32	0:26:56
187	390	Gonzalez Pino, Francisco		V3M	6	46:55	1:35:42.10	1:35:40	04:32	0:26:58
188	461	Paz Otero, Daniel	VETERANOS DE GALICIA	V1M	84	43:56	1:35:44.02	1:35:44	04:32	0:27:00
189	197	Muñiz Muñiz, Xoán		V1M	85	44:49	1:35:44.03	1:35:30	04:32	0:27:00
190	161	Trelles Campos, Manolo	CLUB DEPORTIVO RIA DE AROUSA	V1M	86	46:12	1:35:45.30	1:35:25	04:32	0:27:01
191	476	Gómez Feijoo, Manuel Angel	INDEPENDIENTE	V1M	87	46:11	1:35:46.48	1:35:27	04:32	0:27:02
192	530	Justo Martínez, Juan	POMASA	V3M	7	43:56	1:35:47.29	1:35:40	04:32	0:27:03
193	488	Briones Mejjide, Jorge	NOSPORTLIMIT	V1M	88	46:00	1:35:48.47	1:35:15	04:32	0:27:04
194	600	García Muñiz, Miguel Ángel	VDA. ATENAS RUNNING	V1M	89	45:45	1:35:53.70	1:35:30	04:33	0:27:10
195	542	Silvelo Pallin, Tania	USC	SNF	2	44:59	1:35:58.93	1:35:46	04:33	0:27:15
196	119	Sanchez Rilo, Ivan		V1M	90	46:13	1:36:00.24	1:35:40	04:33	0:27:16
197	134	Santas Parente, Enrique		V1M	91	41:35	1:36:00.40	1:35:49	04:33	0:27:16
198	275	Baltar Estévez, Víctor		V2M	44	46:13	1:36:00.82	1:35:55	04:33	0:27:17
199	19	Santiago Estévez, Santiago		SMN	48	46:08	1:36:02.62	1:35:49	04:33	0:27:19
200	229	Carneiro, Miguel		V2M	45	46:21	1:36:05.08	1:36:05	04:33	0:27:21
201	330	Pérez Iglesias, Rubén	CLUB ATLETISMO TORUTUJAS TOMIÑO	SMN	49	44:55	1:36:14.75	1:35:51	04:34	0:27:31
202	126	Caamaño Figueira, Juan Ramon		V1M	92	44:56	1:36:16.14	1:35:57	04:34	0:27:32
203	188	Vergara Freire, Miguel	CLUB ATLETISMO SADA	V1M	93	44:11	1:36:25.75	1:36:16	04:34	0:27:42
204	155	Puente Veiga, Manuel		V1M	94	46:02	1:36:33.20	1:35:56	04:35	0:27:49
205	625	García García, José Jesus		V1M	95	46:37	1:36:33.32	1:36:19	04:35	0:27:49
206	607	Millan, Rafael		V1M	96	44:34	1:36:40.47	1:36:27	04:35	0:27:56
207	215	Romay Dominguez, Santiago	C.D. RIA DE AROSA	V1M	97	45:20	1:36:53.98	1:36:45	04:36	0:28:10
208	60	Portela, Carina	C.D. RIA DE AROUSA	SNF	3	44:52	1:36:54.04	1:36:51	04:36	0:28:10
209	425	Barragán Gamallo, Jacobo	LA NIETA DEL FARERO	SMN	50	46:57	1:36:58.33	1:36:52	04:36	0:28:14

210	218	Vázquez, Eduardo		V2M	46	46:50	1:37:04.84	1:36:45	04:36	0:28:21
211	445	Sanguinetti Rodriguez, Santiago	CLUB SOCIAL BANCO PASTOR	V1M	98	46:44	1:37:15.68	1:37:03	04:37	0:28:32
212	452	Prado Maqueira, Jose Luis	INDEPENDIENTE	V1M	99	46:34	1:37:19.31	1:37:14	04:37	0:28:35
213	613	Antón Santiago, Roberto	C.D. PINARIUM	V1M	100	46:34	1:37:23.87	1:37:05	04:37	0:28:40
214	559	Palacios Martín, Jesús	CLUB ATLETISMO SANTIAGO	V1M	101	45:23	1:37:26.01	1:37:08	04:37	0:28:42
215	620	Lores Rodriguez, Alberto		V1M	102	44:55	1:37:26.39	1:37:18	04:37	0:28:42
216	69	Vilas Perez, Vanessa		SNF	4	47:44	1:37:29.63	1:36:53	04:37	0:28:46
217	63	Villaverde Rosales, Marga	INDEPENDIENTE	SNF	5	44:52	1:37:32.39	1:37:20	04:37	0:28:48
218	510	Sueiro Torres, Jesus		V2M	47	44:53	1:37:34.00	1:37:08	04:37	0:28:50
219	645	Cameán Lampón, Juan	VETERANOS DE SAMIL/MANUEL TOMÁS	V3M	8	45:42	1:37:37.62	1:37:29	04:38	0:28:54
220	618	Barahona Martinez, Fernando Jose	TEAM CORBELO	V1M	103	46:56	1:37:39.03	1:37:14	04:38	0:28:55
221	453	Sabajanes Pallares, Ivan		V1M	104	46:45	1:37:41.03	1:37:29	04:38	0:28:57
222	116	Gonzalez Garcia, Fernando	CLUBE DEPORTIVO RIA DE AROUSA DO G	V1M	105	46:43	1:37:49.52	1:37:35	04:38	0:29:06
223	282	Varela Cachafeiro, Antonio	POMASA	V2M	48	44:01	1:37:53.62	1:37:45	04:38	0:29:10
224	354	González Vila, José Luis		V1M	106	46:56	1:37:55.03	1:37:32	04:38	0:29:11
225	237	Piñeiro Rey, Arturo		V2M	49	46:20	1:37:56.97	1:37:32	04:39	0:29:13
226	246	Fernández García, Manuel	CD PINARIUM	V2M	50	46:17	1:38:03.99	1:37:52	04:39	0:29:20
227	122	Sendín Raña, Pablo		V1M	107	48:32	1:38:05.22	1:37:27	04:39	0:29:21
228	500	Da Silva, Antonio	INDEPENDIENTE	V2M	51	46:17	1:38:05.38	1:37:47	04:39	0:29:21
229	179	Biurrun González, Alberto		V1M	108	46:58	1:38:09.64	1:37:45	04:39	0:29:26
230	37	Vázquez Vázquez, Víctor		SMN	51	46:43	1:38:14.34	1:37:47	04:39	0:29:30
231	52	Rosal Chaves, Diego		SMN	52	46:50	1:38:17.35	1:37:53	04:39	0:29:33
232	27	Veiga Rubirosa, Pablo	SPORTING CLUB LIBERTAD	SMN	53	45:26	1:38:18.36	1:38:11	04:40	0:29:34
233	520	Torres Agis, Jose Benito		V2M	52	47:24	1:38:21.20	1:37:55	04:40	0:29:37
234	208	Fernandez Losada, Pablo		V1M	109	47:25	1:38:24.86	1:38:13	04:40	0:29:41
235	109	Januszewski, Uwe	INDEPENDIENTE	V1M	110	47:59	1:38:25.50	1:37:40	04:40	0:29:42
236	67	Hassan Fernandez, Rafael		SMN	54	47:60	1:38:27.31	1:38:03	04:40	0:29:43
237	362	Figueroa Salgado, Paula	INDEPENDIENTE	V2F	2	45:46	1:38:30.73	1:38:20	04:40	0:29:47
238	249	Rodríguez Piñeiro, Ricardo	TRINORTH-NOGASA	V2M	53	48:33	1:38:33.91	1:37:56	04:40	0:29:50
239	301	Deza Sabaris, Ramiro	TEAM CORBELO	V3M	9	45:58	1:38:37.41	1:38:37	04:40	0:29:53
240	272	Vazquez Orejas, Javier Angel		V2M	54	45:56	1:38:38.47	1:38:33	04:40	0:29:54
241	318	Alonso Rodríguez, Manuel Antonio	VIGORUNNERS	SMN	55	45:22	1:38:41.36	1:38:24	04:41	0:29:57
242	110	Caneda Piñeiro, Jose Manuel	CLUB DEPORTIVO RIA DE AROUSA	V1M	111	47:03	1:38:43.79	1:38:31	04:41	0:30:00
243	477	Taboada Fírvida, Manuel	INDEPENDIENTE	V1M	112	47:04	1:38:43.90	1:38:24	04:41	0:30:00
244	636	Ruiz García, Carlos	PONTE A CORRER	V2M	55	46:25	1:38:45.32	1:38:25	04:41	0:30:01
245	444	Mendez Iribarren, Pablo	INDEPENDIENTE	V1M	113	47:28	1:38:46.45	1:38:24	04:41	0:30:02
246	118	Perez Rodriguez, Jesus Eduardo	BUDIÑORAID	V1M	114	47:33	1:38:47.82	1:38:31	04:41	0:30:04

247	568	Dopazo Batalla, Marcos Antonio	INDEPENDIENTE	V1M	115	46:51	1:38:54.86	1:38:34	04:41	0:30:11
248	385	Rodríguez Porral, Alberto	INDEPENDIENTE	V2M	56	46:11	1:38:58.10	1:38:39	04:41	0:30:14
249	535	Sobrino Castroman, Francisco	VETERANOS DE GALICIA	V4M	1	48:27	1:38:58.85	1:38:18	04:41	0:30:15
250	1001	Equipo, Alba		EQU	1	48:28	1:38:59.44	1:38:59	04:41	0:30:15
251	644	Villaverde Cabaleiro, Jose Luis	VETERANOS DE GALICIA	V3M	10	48:24	1:39:03.66	1:38:24	04:42	0:30:20
252	586	Garcia Fernandez, Jose Antonio		SMN	56	47:18	1:39:04.47	1:38:40	04:42	0:30:20
253	131	Soto Lopez, Manuel	WHERE IS THE CHANDAL?	V1M	116	48:47	1:39:07.93	1:38:52	04:42	0:30:24
254	451	Fontenla Portas, Daniel	INDEPENDIENTE	V1M	117	48:48	1:39:08.47	1:38:29	04:42	0:30:24
255	255	Guimaré González, Daniel	ARCHIENEMIGOS TEAM	V2M	57	48:49	1:39:10.41	1:38:45	04:42	0:30:26
256	442	Lorenzo Guimarans, Fernando	INDEPENDIENTE	V1M	118	45:59	1:39:13.34	1:38:58	04:42	0:30:29
257	171	Carral Rodríguez, Camilo		V1M	119	46:24	1:39:13.64	1:39:04	04:42	0:30:30
258	429	Abraham Fernandez, Jesus		SMN	57	47:05	1:39:13.67	1:38:50	04:42	0:30:30
259	465	Blanco Fariña, Eduardo		V1M	120	46:32	1:39:15.38	1:38:53	04:42	0:30:31
260	271	Perez Miñones, Rogelio Manuel		V2M	58	46:31	1:39:16.08	1:39:07	04:42	0:30:32
261	7	Alvarez Vazquez, Alejandro Jesús	INDEPENDIENTE	SMN	58	46:59	1:39:17.01	1:38:54	04:42	0:30:33
262	102	Soto Buceta, Sergio	CLUBE ATLETISMO CAMBADOS	V1M	121	48:13	1:39:20.87	1:38:41	04:43	0:30:37
263	187	Mende, Timo	INDEPENDIENTE	V1M	122	48:00	1:39:25.62	1:38:40	04:43	0:30:42
264	96	Varela Crespo, Mario Daniel	ATLETISMO ARENTEIRO	V1M	123	46:54	1:39:26.95	1:38:59	04:43	0:30:43
265	388	Chamorro Rodriguez, Eugenio	CHARCUTERIA FILO	V3M	11	48:20	1:39:27.67	1:39:13	04:43	0:30:44
266	593	Troitiño Limeres, Laureano		V1M	124	46:11	1:39:29.50	1:39:21	04:43	0:30:46
267	62	Amado Rodríguez, Alejandro	INDEPENDIENTE	SMN	59	46:49	1:39:32.38	1:39:13	04:43	0:30:48
268	553	Gomez Pasantes, Jose Manuel	INDEPENDIENTE	V1M	125	49:20	1:39:32.39	1:39:08	04:43	0:30:48
269	540	Creo Seoane, Jairo	INDEPENDIENTE	SMN	60	49:23	1:39:32.39	1:39:09	04:43	0:30:48
270	382	Estevez rodriguez, Daniel		V2M	59	46:09	1:39:35.82	1:39:23	04:43	0:30:52
271	65	Ángeles Castro, María	CORREDOIRAS BUEU	SNF	6	45:55	1:39:36.60	1:39:32	04:43	0:30:53
272	588	Pazó Otero, Javier	LIEBRES	SMN	61	44:28	1:39:37.69	1:39:38	04:43	0:30:54
273	569	Antelo Ferro, Fernando	NOITEBRA FC	V2M	60	47:42	1:39:43.11	1:39:06	04:44	0:30:59
274	592	Quintana Miranda, Fatima		V1F	1	47:31	1:39:44.84	1:39:26	04:44	0:31:01
275	87	Alfonso Lois, Bruno		V1M	126	45:33	1:39:45.49	1:39:42	04:44	0:31:01
276	443	Alonso Blach, Javier	INDEPENDIENTE	V1M	127	47:13	1:39:49.56	1:39:22	04:44	0:31:06
277	334	Rodríguez Pérez, José Manuel	INDEPENDIENTE	V1M	128	45:41	1:39:50.37	1:39:06	04:44	0:31:06
278	657	Sobral Martinez, Miguel Enrique		SMN	62	46:58	1:39:50.48	1:39:40	04:44	0:31:06
279	448	Peso Ares, Manuel Marcial		V1M	129	46:23	1:39:56.62	1:39:43	04:44	0:31:13
280	426	Pey Pujadas, Enric	INDEPENDIENTE	SMN	63	47:05	1:39:57.64	1:39:47	04:44	0:31:14
281	206	Fernandez Lores, Bruno	C.D. RIA DE AROUSA	V1M	130	47:31	1:40:12.11	1:39:54	04:45	0:31:28
282	463	Beltrán Taboada, José Julián	MILER RUNNING CLUB	V1M	131	48:49	1:40:16.61	1:40:09	04:45	0:31:33
283	41	Gutiérrez Ojea, Alejandro	INDEPENDIENTE	SMN	64	48:50	1:40:17.39	1:40:07	04:45	0:31:33

284	460	Vázquez Álvarez, Jose Juan	INDEPENDIENTE	V1M	132	47:05	1:40:19.13	1:40:03	04:45	0:31:35
285	518	Lareu Gutierrez, Jose Manuel	CLUBE ATLETISMO CAMBADOS	V2M	61	48:11	1:40:20.12	1:39:40	04:45	0:31:36
286	411	Sanguinetti Rodríguez, Fernando An	INDEPENDIENTE	SMN	65	47:43	1:40:20.33	1:40:08	04:45	0:31:36
287	239	Dopazo Louzan, Javier	MILER RUNNING CLUB	V2M	62	46:22	1:40:21.11	1:40:14	04:45	0:31:37
288	627	Cotovad Malvar, Maria Del Carmen	GESTSPORT	V1F	2	46:25	1:40:22.93	1:40:16	04:45	0:31:39
289	24	Balboa Besada, Edgar	TEAM CORBELO	SMN	66	43:55	1:40:23.49	1:40:19	04:45	0:31:39
290	257	Padín Triñanes, Alejandro	C.D. RIA DE AROUSA	V2M	63	47:15	1:40:23.65	1:40:11	04:45	0:31:40
291	387	Costa Ferrer, Luis	S.A.VAL MIÑOR	V3M	12	47:00	1:40:25.37	1:40:00	04:46	0:31:41
292	534	Pita Andreu, Jose		V3M	13	48:22	1:40:29.90	1:40:13	04:46	0:31:46
293	103	Andrade Padin, Damian	GALAEKIA	V1M	133	46:58	1:40:38.62	1:40:25	04:46	0:31:55
294	107	Balsera, Raquel	CENTRO FISIOTERAPIA RAQUEL BALSERA	V1F	3	49:24	1:40:38.99	1:40:25	04:46	0:31:55
295	199	Blanco Fernández, Jorge		V1M	134	46:31	1:40:45.48	1:40:36	04:47	0:32:01
296	296	Gallardo Francisco, Benito	INDEPENDIENTE	V3M	14	46:32	1:40:49.77	1:40:28	04:47	0:32:06
297	642	Queizán Piñeiro, Joaquin		V2M	64	47:08	1:41:06.38	1:40:46	04:48	0:32:22
298	587	Sierra López, Rafael	+9 MORAÑA	SMN	67	47:25	1:41:11.72	1:40:46	04:48	0:32:28
299	410	Gómez-randulfe Rodríguez, Martín Igor		SMN	68	46:05	1:41:15.69	1:40:48	04:48	0:32:32
300	531	Vidal Villar, Javier	INDEPENDIENTE	V3M	15	48:33	1:41:20.91	1:41:05	04:48	0:32:37
301	491	Hermida Fontan, Enrique	INDEPENDIENTE	V2M	65	46:59	1:41:21.82	1:41:00	04:48	0:32:38
302	124	Montero Gonzalez, Javier		V1M	135	47:30	1:41:22.10	1:41:08	04:48	0:32:38
303	346	Lopez Vazquez, David	INDEPENDIENTE	V1M	136	48:21	1:41:22.91	1:40:44	04:48	0:32:39
304	138	Otero Otero, Chus	CLUBE ATLETISMO CAMBADOS	V1F	4	48:24	1:41:25.41	1:41:21	04:48	0:32:41
305	241	Pintado Costa, Juan Manuel	CLUB ATLETISMO CAMBADOS	V2M	66	48:23	1:41:27.73	1:41:17	04:49	0:32:44
306	289	Saavedra Villamor, Venancio		V3M	16	47:23	1:41:36.73	1:41:28	04:49	0:32:53
307	304	Garrido Oubiña, Enrique	INDEPENDIENTE	V4M	2	48:48	1:41:38.35	1:41:19	04:49	0:32:54
308	638	Alonso Escaño, Bernardo	C D PINARIUM	V2M	67	47:17	1:41:48.59	1:41:22	04:50	0:33:05
309	240	Villaverde Otero, Cándido		V2M	68	48:49	1:41:49.86	1:41:16	04:50	0:33:06
310	312	Iglesias Amoedo, Marcial		SMN	69	46:03	1:41:54.32	1:41:30	04:50	0:33:10
311	413	Iribarren, Tomás		SMN	70	46:12	1:42:11.77	1:41:50	04:51	0:33:28
312	454	Carmuega Nerga, David	INDEPENDIENTE	V1M	137	47:51	1:42:14.97	1:41:47	04:51	0:33:31
313	359	García Otero, Alberto	INDEPENDIENTE	V1M	138	47:52	1:42:15.92	1:42:09	04:51	0:33:32
314	273	Abal Morrazo, Emilio	INDEPENDENTE	V2M	69	46:39	1:42:20.08	1:42:16	04:51	0:33:36
315	512	Boleas Ramón, David	C.A.R. MARISQUEIRO	V2M	70	46:40	1:42:25.84	1:41:55	04:51	0:33:42
316	274	Iglesias Iglesias, Isidro	C.D.RIA DE AROUSA	V2M	71	45:24	1:42:29.02	1:42:16	04:51	0:33:45
317	112	Touriño Vázquez, Manuel Ángel		SMN	71	51:21	1:42:32.40	1:42:05	04:52	0:33:48
318	14	Perez Prieto, Ruben	OGROBE TROTTERS	SMN	72	48:21	1:42:40.47	1:42:33	04:52	0:33:56
319	8	Abal Magariños, Daniel	ATLETISMO +9 MORAÑA	SMN	73	49:06	1:42:50.43	1:42:20	04:52	0:34:06
320	421	Cousiño Vidal, Jesús	OBESIX TEAM	SMN	74	49:17	1:42:51.32	1:42:23	04:52	0:34:07

321	630	García Arellano, Daniel	RUN PONTEVEDRA	V2M	72	50:03	1:42:53.44	1:42:21	04:53	0:34:09
322	408	Baúlo Escudeiro, Andrea	CLUBE ATLETISMO CAMBADOS	SNF	7	48:26	1:42:54.57	1:42:51	04:53	0:34:11
323	450	Mendez Alvarez, Elias	RUNPONTEVEDRA	V1M	140	50:05	1:42:55.13	1:42:24	04:53	0:34:11
324	446	García Blanco, Oscar	RUNPONTEVEDRA	V1M	139	50:05	1:42:55.13	1:42:23	04:53	0:34:11
325	564	Mallo Nieves, José Manuel		V1M	141	48:50	1:43:00.47	1:42:26	04:53	0:34:16
326	573	Alende Cea, Ramon	NOITEBRA FC	V2M	73	47:46	1:43:01.35	1:42:25	04:53	0:34:17
327	368	Martinez Chouza, Isaac	CASTRELOS 20:30	V2M	74	47:47	1:43:01.93	1:42:54	04:53	0:34:18
328	266	Gandon Estevez, Manoel Anxo	RUNGALICIA.COM	V2M	75	49:05	1:43:02.78	1:43:01	04:53	0:34:19
329	191	Otero Díaz, Mario	C.D. RÍA DE AROUSA	V1M	142	47:29	1:43:03.67	1:42:45	04:53	0:34:20
330	175	Cuiña Balado, Javier	INDEPENDIENTE	V1M	143	48:17	1:43:05.48	1:42:45	04:53	0:34:21
331	227	Calvar Bermudez, Monica Yolanda	CLUB ATLETISMO SAMERTOLAMEU	V2F	3	49:16	1:43:07.30	1:42:31	04:53	0:34:23
332	151	Fernandez Lopez, Juan Luis	CLUB TRIATLON MORRAZO	V1M	144	49:17	1:43:07.38	1:42:31	04:53	0:34:23
333	399	Santos-diez, Borja	CLUB HÉRCULES TERMARIA	SMN	75	48:52	1:43:09.69	1:42:38	04:53	0:34:26
334	329	Molinero Malvido, Ruben		SMN	76	48:53	1:43:12.56	1:42:45	04:53	0:34:29
335	417	Sanmartin Gomez, Jose Manuel	INDEPENDIENTE	SMN	77	46:12	1:43:16.30	1:43:06	04:54	0:34:32
336	247	Gonzalez Novoa, Raul	EGO RUDERICO	V2M	76	49:57	1:43:16.99	1:42:51	04:54	0:34:33
337	615	Prieto Yáñez, Angel Luis	GESTSPORT	V1M	145	47:10	1:43:18.49	1:43:02	04:54	0:34:34
338	407	Fernandez Rodriguez, Avelino	INDEPENDIENTE	V3M	17	50:46	1:43:19.46	1:42:41	04:54	0:34:35
339	292	Guzman Lorenzo, Guillermo	AUTOTODO CARBALLIÑO	V3M	18	48:26	1:43:21.33	1:42:58	04:54	0:34:37
340	504	Santos González, Javier	VETERAN@S DE GALICIA	V2M	77	48:27	1:43:28.21	1:42:50	04:54	0:34:44
341	439	Ramón Cachón, Valeriano		V1M	146	48:49	1:43:28.70	1:43:10	04:54	0:34:45
342	357	Vázquez Gestal, Marcos		V1M	147	49:59	1:43:40.75	1:43:18	04:55	0:34:57
343	153	Gutiérrez Ojea, Fernando		V1M	148	48:54	1:43:41.78	1:43:32	04:55	0:34:58
344	640	Vieira Magdalena, Luis	LIEBRES	V2M	78	45:20	1:43:43.57	1:43:35	04:55	0:35:00
345	345	Devora Jimenez, Miguel Ángel	INDEPENDIENTE	V1M	149	47:27	1:43:48.32	1:43:41	04:55	0:35:04
346	322	Vazquez Alvarez, Fernando		SMN	78	50:38	1:43:59.63	1:43:31	04:56	0:35:16
347	536	Constenla Fontan, Julio Cesar	ATENAS RUNNIG VDA	V4M	3	47:48	1:44:00.31	1:43:51	04:56	0:35:16
348	44	Navia Giráldez, Adrián		SMN	79	48:07	1:44:04.13	1:43:38	04:56	0:35:20
349	49	Lombao Blanco, Alejandro	CLUB MONTEPENARUBIA LUGO	SMN	80	47:22	1:44:20.52	1:44:11	04:57	0:35:37
350	178	Cal Dominguez, Marcos		V1M	150	49:08	1:44:27.34	1:44:01	04:57	0:35:43
351	265	Diaz Garcia, Francisco Eladio	GRASIAS	V2M	79	50:42	1:44:37.95	1:43:58	04:58	0:35:54
352	106	Vazquez Figueiras, Javier		V1M	151	50:05	1:44:42.00	1:44:12	04:58	0:35:58
353	370	Jandra Gonzalez, Jesus	A BOUZA SPRINT	V2M	80	48:27	1:44:43.10	1:44:27	04:58	0:35:59
354	550	Rodriguez Framil, Alfonso		V1M	152	47:37	1:44:43.11	1:44:21	04:58	0:35:59
355	254	Pardo Lopez, Xose M.		V2M	81	50:03	1:44:45.73	1:44:24	04:58	0:36:02
356	614	Abuin Gey, José Enrique	ATLETISMO +9 MORAÑA	V1M	153	47:44	1:44:47.47	1:44:18	04:58	0:36:03
357	396	Otero Rodriguez, Placido		V3M	19	49:01	1:44:51.12	1:44:41	04:58	0:36:07

358	342	Chamorro Refojos, Jose Manuel		V1M	154	48:23	1:44:51.13	1:44:28	04:58	0:36:07
359	641	Rodriguez Bacariza, Juan Antonio		V2M	82	48:24	1:44:52.02	1:44:34	04:58	0:36:08
360	479	Calvo Bernárdez, Fernando		V1M	155	50:00	1:44:56.22	1:44:18	04:58	0:36:12
361	513	Rodriguez Braga, Ángel Luis		V2M	83	50:01	1:44:56.38	1:44:39	04:58	0:36:12
362	28	Alarcón Sabarís, Leticia	RUNGALICIA	SNF	8	50:05	1:44:56.98	1:44:43	04:58	0:36:13
363	29	Camiña Ucha, Basilio	INDEPENDIENTE	SMN	81	46:51	1:45:00.57	1:44:37	04:59	0:36:17
364	136	Fandiño Cerqueira, Manuel Enrique	INDEPENDIENTE	V1M	156	47:20	1:45:03.54	1:44:34	04:59	0:36:20
365	484	Castro Fernandez, Javier	CLUB MONTEPENARUBIA LUGO	V1M	157	47:21	1:45:08.87	1:45:00	04:59	0:36:25
366	25	Paredes Prieto, Manuel		SMN	82	49:27	1:45:26.81	1:45:11	05:00	0:36:43
367	601	Sequeiros Giraldez, Rosana	LIEBRES	V1F	5	49:47	1:45:37.18	1:45:08	05:00	0:36:53
368	397	Garcés Calle, Juan Carlos		SMN	83	47:39	1:45:42.31	1:45:20	05:01	0:36:58
369	190	Dominguez Cabral, Enrique		V1M	158	51:56	1:45:57.85	1:45:33	05:01	0:37:14
370	379	Dacal Souto, Manuel	MAISQUEAUGA	V2M	84	50:55	1:45:58.72	1:45:29	05:01	0:37:15
371	281	Pantín Reigada, Ángel		V2M	85	50:56	1:46:04.44	1:45:37	05:02	0:37:20
372	658	Pazos Martinez, Manuel		V2M	86	50:57	1:46:18.14	1:45:51	05:02	0:37:34
373	222	Fernandez Carreira, Jesus Angel		V2M	87	51:02	1:46:37.07	1:45:57	05:03	0:37:53
374	6	Bea Cano, José Miguel		SMN	84	50:38	1:46:48.08	1:46:33	05:04	0:38:04
375	76	Mayo Zubiela, Sergio	MARZO SAUDE	SMN	85	50:39	1:46:49.86	1:46:37	05:04	0:38:06
376	420	Paz Miguez, Jose Antonio		SMN	86	52:20	1:47:01.80	1:46:34	05:04	0:38:18
377	517	Perez Laspra, Melchor		V2M	88	50:57	1:47:05.03	1:46:38	05:05	0:38:21
378	367	Campos Dominguez, Jose Martin	FUXING CLUB	V2M	89	52:27	1:47:10.57	1:46:27	05:05	0:38:27
379	336	Alvarez Estevez, Oscar	VIGORUNNERS	V1M	159	49:08	1:47:17.38	1:47:11	05:05	0:38:33
380	492	Pérez Garcia, Jose Antonio		V2M	90	49:09	1:47:17.56	1:46:51	05:05	0:38:34
381	378	Zabaleta Martínez, Juan	INDEPENDIENTE	V2M	91	48:14	1:47:17.95	1:47:15	05:05	0:38:34
382	92	Veiga Jalda, Felipe	CLUB TRIATLON MORRAZO	V1M	160	50:59	1:47:18.35	1:46:41	05:05	0:38:34
383	130	Fernandez Lopez, Cristina	CLUB TRIATLON MORRAZO	V1F	6	51:00	1:47:18.72	1:46:40	05:05	0:38:35
384	430	Cuntín Gomez, Anton		SMN	87	52:19	1:47:20.56	1:46:50	05:05	0:38:37
385	16	Besada Vidal, Juan Miguel		SMN	88	50:49	1:47:30.81	1:46:47	05:06	0:38:47
386	299	Conde Torres, Jose Ramon		V3M	20	52:11	1:47:31.10	1:47:13	05:06	0:38:47
387	196	Rodríguez Castro, Manuel	C.D. RÍA DE AROUSA DO GROVE	V1M	161	50:07	1:47:34.21	1:47:19	05:06	0:38:50
388	213	Devesa Otero, David	C.D. RÍA DE AROUSA DO GROVE	V1M	162	50:04	1:47:34.96	1:47:20	05:06	0:38:51
389	73	Perez De Juan Burgos, Miguel		SMN	89	51:18	1:47:35.66	1:47:04	05:06	0:38:52
390	392	Curros Magallanes, Jorge		V3M	21	51:41	1:47:37.99	1:47:00	05:06	0:38:54
391	204	Varela Gonzalez, Jorge		V1M	163	52:40	1:47:39.40	1:46:58	05:06	0:38:55
392	250	Abuin Chaves, Carlos	CD.RIA DE AROUSA O GROVE	V2M	92	52:34	1:47:39.84	1:46:59	05:06	0:38:56
393	414	Fernández Valdés, Iñaki	INDEPENDIENTE	SMN	90	54:52	1:47:47.13	1:47:19	05:06	0:39:03
394	360	Varela Gestoso, Rodrigo	INDEPENDIENTE	V2M	93	52:34	1:47:49.17	1:47:39	05:07	0:39:05

395	132	Garabatos Barciela, David	ASOCIACION DEPORTIVA CAR	V1M	164	49:00	1:47:52.08	1:47:44	05:07	0:39:08
396	259	Tarela Miramontes, Loli		V2F	4	49:13	1:47:53.21	1:47:52	05:07	0:39:09
397	639	Abal Beiro, Antonio	C.D. PINARIUM	V2M	94	52:28	1:48:02.22	1:47:25	05:07	0:39:18
398	36	López Vázquez, José	INDEPENDIENTE	SMN	91	52:34	1:48:03.18	1:47:34	05:07	0:39:19
399	267	Rivas Castro, Juan		V2M	95	45:40	1:48:07.91	1:48:03	05:07	0:39:24
400	485	Botana Parceró, Alberto	INDEPENDIENTE	V1M	165	53:50	1:48:08.17	1:47:29	05:07	0:39:24
401	331	Cendón Domínguez, Marcos	METROPOLITAN	SMN	92	51:41	1:48:27.70	1:47:49	05:08	0:39:44
402	139	Novo Martínez, David		V1M	166	52:33	1:48:35.87	1:48:15	05:09	0:39:52
403	310	Valle Perez, Maria Jose	ASOCIACION DEPORTIVA CAR	SNF	9	51:32	1:48:36.89	1:48:13	05:09	0:39:53
404	146	Bouzada Pombo, Diego		V1M	167	52:33	1:48:37.12	1:48:15	05:09	0:39:53
405	9	Leiro Magdalena, Marcos	INDEPENDIENTE	SMN	93	50:45	1:48:52.33	1:48:33	05:10	0:40:08
406	626	Pérez Torreira, José Manuel	PINARIUM	V1M	168	52:34	1:48:54.60	1:48:37	05:10	0:40:11
407	285	Ochoa Vidal, Francisco		V2M	96	49:30	1:48:55.96	1:48:37	05:10	0:40:12
408	185	Dominguez Valcarreras, Félix		V1M	169	48:56	1:49:01.83	1:48:52	05:10	0:40:18
409	115	Fontoira Otero, Oscar	CLUBE DEPORTIVO RIA DE AROUSA DO G	V1M	170	52:44	1:49:07.08	1:48:25	05:10	0:40:23
410	635	Porto Dios, Rogelio		V2M	97	52:34	1:49:10.17	1:48:51	05:10	0:40:26
411	355	Veloso Espiñeira, Manuel		V1M	171	51:20	1:49:12.53	1:48:52	05:11	0:40:29
412	140	Santamaria Chaves, Eugenio		V1M	172	50:00	1:49:12.77	1:49:00	05:11	0:40:29
413	156	Gondar Otero, Diego		V1M	173	52:34	1:49:14.65	1:49:02	05:11	0:40:31
414	471	Girón Fernández, Emilio	INDEPENDIENTE	V1M	174	52:34	1:49:24.72	1:49:04	05:11	0:40:41
415	144	Fraile López, David	ASOCIACION DEPORTIVA CAR	V1M	175	51:56	1:49:25.15	1:48:45	05:11	0:40:41
416	419	Serantes Fernández, Andrés	INDEPENDIENTE	SMN	94	45:57	1:49:34.59	1:49:23	05:12	0:40:51
417	168	Novo Lens, Alvaro		V1M	176	52:21	1:49:36.82	1:49:05	05:12	0:40:53
418	315	Puerta Álvarez, Rocío C.	INDEPENDIENTE	SNF	10	53:54	1:49:38.96	1:49:22	05:12	0:40:55
419	317	Míguez San Isidro, Benigno	VIGORUNNERS	SMN	95	51:12	1:49:46.62	1:49:32	05:12	0:41:03
420	583	Castro Fojo, Luis Miguel		SMN	96	47:16	1:49:49.88	1:49:29	05:12	0:41:06
421	470	Rodríguez Baquero, Miguel Angel	GV SPORTS	V1M	177	53:31	1:49:52.08	1:49:19	05:12	0:41:08
422	351	Besada Montenegro, Roberto	ATHLETICS FISIOTERAPIA SAN LAZARO	V1M	178	52:34	1:49:53.71	1:49:22	05:12	0:41:10
423	263	Aparicio Grande, Félix		V2M	98	51:22	1:49:57.52	1:49:49	05:13	0:41:14
424	20	Portela Varela, Myriam		SNF	11	52:32	1:50:06.64	1:49:34	05:13	0:41:23
425	46	Perez Conde, Alejandro	CLUB ATLETISMO CAMBADOS	SMN	97	50:51	1:50:09.73	1:49:27	05:13	0:41:26
426	482	Mendez-benegassi, Pedro	INDEPENDIENTE	V1M	179	50:09	1:50:10.35	1:49:49	05:13	0:41:26
427	104	Varela Valladares, Bruno		V1M	180	52:37	1:50:11.44	1:49:35	05:13	0:41:27
428	165	Garrido Míguez, Mara	C.D. RIA DE AROUSA	V1F	7	52:34	1:50:12.95	1:49:55	05:13	0:41:29
429	436	Fariña González, Jose Carlos		V1M	181	52:34	1:50:16.90	1:49:44	05:14	0:41:33
430	252	Rodríguez Gonzalez, Jose	INDEPENDIENTE	V2M	99	52:33	1:50:19.15	1:49:50	05:14	0:41:35
431	459	Carrera Cal, Santiago	INDEPENDIENTE	V1M	182	52:34	1:50:20.00	1:49:47	05:14	0:41:36

432	279	Campos, Andres		V2M	100	50:55	1:50:26.21	1:49:56	05:14	0:41:42
433	149	Casais Sesto, Daniel	INDEPENDIENTE	V1M	183	49:02	1:50:39.50	1:50:18	05:15	0:41:56
434	619	Pérez Galiñanes, Francisco Javier		V1M	184	52:27	1:50:45.05	1:50:20	05:15	0:42:01
435	163	Vaillant Martínez, Mayelín	TEAM CORBELO	V1F	8	52:38	1:50:45.10	1:50:16	05:15	0:42:01
436	164	Oreiro Chapela, Claudia	NOSPORTLIMIT	V1F	9	52:39	1:50:45.67	1:50:23	05:15	0:42:02
437	582	Rodríguez Estevez, Patricia		SNF	12	53:28	1:50:46.82	1:50:31	05:15	0:42:03
438	469	Fernández De Heredia, Joaquín	MILER RUNNING CLUB	V1M	185	53:26	1:50:48.18	1:50:32	05:15	0:42:04
439	99	Núñez Prego, Manuel	CENTRO FISIOTERAPIA RAQUEL BALSERA	V1M	186	53:23	1:50:49.34	1:50:36	05:15	0:42:05
440	381	Sanchez Amez, Antonio	INDEPENDIENTE	V2M	101	50:28	1:50:49.61	1:50:28	05:15	0:42:06
441	433	Torres Rego, Oscar	ATLETISMO +9 MORAÑA	SMN	98	53:04	1:50:50.00	1:50:20	05:15	0:42:06
442	172	Guimarey Formoso, Jose Alberto		V1M	187	48:47	1:50:56.49	1:50:28	05:15	0:42:12
443	496	Fariña Fraga, José Manuel	INDEPENDIENTE	V2M	102	53:43	1:50:59.34	1:50:34	05:16	0:42:15
444	290	Lopez Rivas, Jose	INDEPENDIENTE	V3M	22	49:14	1:51:01.99	1:50:46	05:16	0:42:18
445	242	Maquieira Cacabelos, Juan Jose		V2M	103	55:11	1:51:04.21	1:50:44	05:16	0:42:20
446	474	Huerta De Uña, Diego Luis	PONTE A CORRER	V1M	188	51:07	1:51:04.92	1:50:41	05:16	0:42:21
447	23	Castro Oliveira, Javier	INDEPENDIENTE	SMN	99	53:43	1:51:05.43	1:50:33	05:16	0:42:21
448	98	Iglesias Rabanal, Vicente		V1M	189	53:44	1:51:06.27	1:50:54	05:16	0:42:22
449	111	Lopez Parente, Maria		V1F	10	53:44	1:51:09.09	1:50:56	05:16	0:42:25
450	521	Fernández Currás, Fernando	INDEPENDIENTE	V2M	104	53:08	1:51:10.66	1:50:35	05:16	0:42:27
451	350	Lorenzo Álvarez, Mónica		V1F	11	52:30	1:51:21.65	1:51:11	05:17	0:42:38
452	650	Meis Otero, Santiago		V1M	190	50:03	1:51:31.43	1:51:27	05:17	0:42:47
453	307	Pedreño Nieto, Enrique	CLUB ATLETOS	V4M	4	51:07	1:51:40.08	1:51:30	05:18	0:42:56
454	572	García Marin, Jorge		V2M	105	51:36	1:51:40.93	1:51:08	05:18	0:42:57
455	486	Campos Couselo, Alberto	INDEPENDIENTE	V1M	191	51:37	1:51:42.90	1:51:07	05:18	0:42:59
456	59	Casar Diaz, Patricia		SNF	13	50:43	1:51:45.19	1:51:06	05:18	0:43:01
457	605	Porto Dios, Gerardo		V1M	192	52:08	1:51:45.19	1:51:27	05:18	0:43:01
458	189	Bragaña Miguens, Maria		V1F	12	51:58	1:51:45.78	1:51:23	05:18	0:43:02
459	311	Míguez Fernández, Rosa		SNF	14	52:06	1:51:54.69	1:51:31	05:18	0:43:11
460	207	Iglesias Correa, Patricia	TEAM CORBELO	V1F	13	52:37	1:51:54.95	1:51:26	05:18	0:43:11
461	576	Mulloni Martínez, Samantha	GESTSPORT	SNF	15	51:14	1:51:55.11	1:51:47	05:18	0:43:11
462	38	Fernández Campo, Elena	ADN RUNNERS - TELMO PELUQUEROS	SNF	16	53:56	1:51:59.44	1:51:25	05:18	0:43:15
463	286	Burlido Borrego, Jose Isaias		V2M	106	53:42	1:52:00.24	1:51:42	05:18	0:43:16
464	82	Vazquez Alonso, Fran	INDEPENDIENTE	V1M	193	53:43	1:52:02.01	1:51:29	05:19	0:43:18
465	435	Del Valle González, Verónica	COMPLEXO DEPORTIVO CAMPOLONGO	V1F	14	52:45	1:52:03.99	1:51:34	05:19	0:43:20
466	464	Ucha Solla, Juan		V1M	194	54:41	1:52:07.43	1:51:41	05:19	0:43:23
467	291	Alfonso Perez, Manuel Antonio		V3M	23	53:42	1:52:11.20	1:51:52	05:19	0:43:27
468	554	Montero Vilar, Santiago		V1M	195	50:40	1:52:13.54	1:51:47	05:19	0:43:30

469	376	Gomez Coira, Ignacio	INDEPENDIENTE	V2M	107	54:54	1:52:18.77	1:51:45	05:19	0:43:35
470	200	Deza Gomez, Andres	TEAM CORBELO	V1M	196	53:42	1:52:22.81	1:51:52	05:20	0:43:39
471	497	Ferro Folgar, Fabricio		V2M	108	55:12	1:52:25.98	1:51:54	05:20	0:43:42
472	332	Fernandez Galego, Ruben	ABANCA	V1M	197	50:09	1:52:27.44	1:51:55	05:20	0:43:43
473	184	Basdedios Novas, Martin	CLUB DEPORTIVO RIA DE AROUSA	V1M	198	51:08	1:52:32.87	1:51:59	05:20	0:43:49
474	335	Cardoso Alonso, Isaac	INDEPENDIENTE	V1M	199	51:35	1:52:35.73	1:52:21	05:20	0:43:52
475	321	Iglesias Martínez, Miguel	NOTTINGHAM PRISAS	SMN	100	50:16	1:52:37.63	1:52:15	05:20	0:43:54
476	338	Alvarez Alvarez, Jorge		V1M	200	53:42	1:52:40.13	1:52:05	05:20	0:43:56
477	466	López De Lerma Casas, Miguel Ángel	PONTE A CORRER	V1M	201	52:29	1:52:50.08	1:52:28	05:21	0:44:06
478	283	Rodilla Guerricagoitia, Santiago		V2M	109	53:39	1:52:50.28	1:52:17	05:21	0:44:06
479	527	Vilela Pereira, Miguel Angel	VETERANOS DE GALICIA	V2M	110	52:37	1:52:59.14	1:52:17	05:21	0:44:15
480	137	Sueiro Garcia, Aya		V1F	15	53:46	1:53:00.55	1:52:41	05:21	0:44:17
481	233	Anula Rodriguez, Carlos		V2M	111	53:49	1:53:01.91	1:52:43	05:21	0:44:18
482	412	Bernardez Rodríguez, Ana		SNF	17	54:52	1:53:04.37	1:52:36	05:22	0:44:20
483	268	González Luis, Ricardo		V2M	112	51:04	1:53:12.10	1:53:01	05:22	0:44:28
484	174	Herbello Millan, Beatriz		V1F	16	52:14	1:53:18.11	1:53:14	05:22	0:44:34
485	295	Sarmiento Gonzalez, Manuel angel		V3M	24	51:34	1:53:21.17	1:52:50	05:22	0:44:37
486	487	Iglesias Fernandez, Enrique	INDEPENDIENTE	V1M	202	53:45	1:53:24.17	1:52:40	05:22	0:44:40
487	228	Martinez Dobalo, Miguel Angel	INDEPENDIENTE	V2M	113	53:43	1:53:30.26	1:52:57	05:23	0:44:46
488	565	Caridad Domínguez, Santiago		V1M	203	51:28	1:53:31.08	1:53:01	05:23	0:44:47
489	221	Freijeiro Otero, Jose Ramón		V2M	114	51:34	1:53:37.00	1:53:07	05:23	0:44:53
490	333	Vilar Alonso, Walter	VIGORUNNERS	V1M	204	52:13	1:53:47.04	1:53:32	05:24	0:45:03
491	365	Carpintero Domínguez, Julio	INDEPENDIENTE	V2M	115	51:23	1:54:08.63	1:53:48	05:25	0:45:25
492	53	Nuñez Mosteiro, Ruben	C.A.C CAMBADOS	SMN	101	51:30	1:54:12.36	1:54:08	05:25	0:45:28
493	66	Serantes Cuiñas, Marta	CLUBE ATLETISMO CAMBADOS	SNF	18	53:44	1:54:12.99	1:53:49	05:25	0:45:29
494	511	López Gómez, Marcos	INDEPENDIENTE	V2M	116	53:58	1:54:25.93	1:53:44	05:25	0:45:42
495	506	Freijido Lens, Ramón	OS CHANCAS RUNNING CLUB	V2M	117	53:59	1:54:27.10	1:53:48	05:25	0:45:43
496	302	Capelo Ríos, Manuel	SERVICIO CAMPOLONGO	V3M	25	54:04	1:54:30.84	1:53:52	05:26	0:45:47
497	50	Alvarez Carballa, Toño		SMN	102	54:10	1:54:41.94	1:53:58	05:26	0:45:58
498	538	Seoane Cajaraville, Sara		SNF	19	52:29	1:54:46.48	1:54:43	05:26	0:46:02
499	529	Rodríguez Sobrino, Celina	ATLETISMO +9 MORANÑA	V3F	1	53:04	1:54:50.87	1:54:21	05:27	0:46:07
500	340	Porto Suarez, Fran	XHUZAS TEAM	V1M	205	53:58	1:54:51.34	1:54:12	05:27	0:46:07
501	105	Besada Currás, Manuel	XHUZAS TEAM	V1M	206	54:00	1:54:54.00	1:54:15	05:27	0:46:10
502	525	Pazos Gonzalez, Gonzalo		V2M	118	54:44	1:54:54.86	1:54:29	05:27	0:46:11
503	353	Pujales Blanco, José Ángel	VIGOENTRENA	V1M	207	56:03	1:55:01.07	1:54:20	05:27	0:46:17
504	478	Pousa Torres, Deborah		V1F	17	54:04	1:55:16.59	1:54:40	05:28	0:46:33
505	377	Alba Alonso, Javier		V2M	119	53:21	1:55:18.63	1:54:39	05:28	0:46:35

506	423	Gonzalez Curro, Braulio	INDEPENDIENTE	SMN	103	52:34	1:55:22.32	1:55:22	05:28	0:46:38
507	458	Nuñez Prego, Isabel	INDEPENDIENTE	V1F	18	57:36	1:55:24.75	1:55:11	05:28	0:46:41
508	80	Muñoz Rubio, Antonio	INDEPENDIENTE	SMN	104	55:05	1:55:42.57	1:55:12	05:29	0:46:59
509	43	Padin Gomez, Ruben Ivan	INDEPENDIENTE	SMN	105	55:03	1:55:52.52	1:55:21	05:30	0:47:09
510	369	Gomez Quintela, Fernando	INDEPENDIENTE	V2M	120	51:33	1:56:03.82	1:55:49	05:30	0:47:20
511	475	Rodriguez Gonzalez, Roberto	INDEPENDIENTE	V1M	208	54:47	1:56:06.20	1:55:39	05:30	0:47:22
512	154	Nuñez Cousido, Antonio	C D PINARIUM	V1M	209	53:42	1:56:21.82	1:56:00	05:31	0:47:38
513	203	Prol Galiñanes, Daniel	INDEPENDIENTE	V1M	210	53:42	1:56:25.46	1:55:52	05:31	0:47:41
514	85	Rodriguez Vidal, Ivan		V1M	211	56:50	1:56:30.40	1:55:59	05:31	0:47:46
515	567	Rodriguez Gonzalez, Alvaro		V1M	212	53:42	1:56:33.25	1:55:58	05:31	0:47:49
516	10	Maceira Pena, Miriam	SERVICIO VILAGARCÍA	SNF	20	53:06	1:56:36.35	1:56:19	05:32	0:47:52
517	386	Lopez Paz, Ruben		V3M	26	54:53	1:56:38.65	1:56:05	05:32	0:47:55
518	363	Otero Ramirez, Fernando	A BOUZA SPRINT	V2M	121	50:11	1:56:45.49	1:56:30	05:32	0:48:01
519	383	Fernandez Abalde, Jose Antonio	INDEPENDIENTE	V2M	122	54:05	1:56:46.47	1:56:03	05:32	0:48:02
520	356	Benitez Ocampo, Juan		V1M	213	53:23	1:56:45.50	1:56:41	05:32	0:48:02
521	405	Tejeiro Méndez, Indalecio	CLUB ATLETISMO SADA	V2M	123	54:54	1:56:53.91	1:56:19	05:32	0:48:10
522	524	Varela Mariño, Alfonso	INDEPENDIENTE	V2M	124	50:18	1:56:54.70	1:56:44	05:32	0:48:11
523	12	Goñi Rodrigo, Laura	GIMNÁSTICA PONTEVEDRA	SNF	21	53:42	1:56:56.43	1:56:22	05:33	0:48:12
524	621	Lopez Mosteiro, Ana Isabel	CDPINARIUM	V1F	19	55:12	1:56:56.70	1:56:21	05:33	0:48:13
525	431	Peña López, Rubén		SMN	106	52:59	1:56:56.85	1:56:31	05:33	0:48:13
526	395	Rocha Portela, Carlos		V3M	27	55:11	1:56:58.07	1:56:24	05:33	0:48:14
527	375	Carreira Costas, Montserrat	COMESAÑA SPORTING CLUB	V2F	5	52:53	1:57:03.30	1:56:53	05:33	0:48:19
528	68	Gonzalez Moldes, Javier	INDEPENDIENTE	SMN	107	53:48	1:57:07.91	1:56:43	05:33	0:48:24
529	316	Artime Martinez, Eloy	INDEPENDIENTE	SMN	108	56:13	1:57:15.10	1:56:31	05:33	0:48:31
530	364	Mosquera Rodriguez, Ana	MAISQUEAUGA	V2F	6	53:38	1:57:21.99	1:56:52	05:34	0:48:38
531	348	Dominguez Mouríño, Natividad		V1F	20	54:43	1:57:24.10	1:56:46	05:34	0:48:40
532	557	Marzoa Tarrío, Adrian	SYNPTYCA RUNNING	V1M	214	55:02	1:57:30.22	1:56:54	05:34	0:48:46
533	571	Liñares Martinez, Jose Ignacio	NOITEBRA FC	V2M	125	54:43	1:57:38.18	1:57:01	05:35	0:48:54
534	532	Lafuente, Fernando	INDEPENDIENTE	V3M	28	56:26	1:57:59.27	1:57:18	05:36	0:49:15
535	402	Iglesias Fraga, Ines	CLUB ATLETISMO SADA	V1F	21	55:09	1:58:05.95	1:57:30	05:36	0:49:22
536	602	Duran, Carlos		V1M	215	53:41	1:58:31.34	1:57:48	05:37	0:49:47
537	220	Marquez Cortizo, Enrique		V2M	126	53:49	1:59:53.33	1:59:21	05:41	0:51:09
538	380	Guerra Rodriguez, Angeles	VIGORUNNERS	V2F	7	55:55	2:00:00.33	1:59:43	05:41	0:51:16
539	579	Veiga Santos, Victoria	GESTSPORT	SNF	22	55:53	2:00:01.43	1:59:44	05:41	0:51:17
540	483	Carballo Nercellas, Andres	INDEPENDIENTE	V1M	216	54:20	2:00:26.64	1:59:52	05:42	0:51:43
541	403	Vázquez Hernández, Pastora		V1F	22	55:13	2:00:56.02	2:00:18	05:44	0:52:12
542	574	Paseiro Pardal, Enrique	SYNPTYCA RUNNING	V3M	29	50:49	2:01:17.00	2:00:42	05:45	0:52:33

543	173	López Rodríguez, José Luis		V1M	217	56:35	2:01:17.56	2:00:42	05:45	0:52:34
544	159	Alfonso Pita, Rocío		V1F	23	56:40	2:01:23.79	2:00:48	05:45	0:52:40
545	58	Piñeiro Chaves, Ángel	PUNTA CABALO AROUSA RUNNERS	SMN	109	56:32	2:01:35.14	2:01:14	05:46	0:52:51
546	234	Chan Lamelas, Roberto		V2M	127	56:27	2:01:36.21	2:00:53	05:46	0:52:52
547	480	Roma Balseiros, Alberto	INDEPENDIENTE	V1M	218	56:02	2:01:48.53	2:01:09	05:46	0:53:05
548	434	Gonzalez Balboa, Alejandro		V1M	219	56:41	2:02:13.90	2:01:50	05:48	0:53:30
549	394	Porteiro Fernandez, Cesar	NO	V3M	30	55:55	2:04:21.89	2:03:38	05:54	0:55:38
550	584	Fariña Sousa, Noemí	CLUB DEPORTIVO PINARIUM	SNF	23	55:57	2:04:34.09	2:03:59	05:54	0:55:50
551	245	Perez Neiva, Enrique Javier	MAIS QUE AUGA	V2M	128	55:58	2:04:35.12	2:03:51	05:54	0:55:51
552	400	Reenberg Sogaard Sorensen, Berit	INDEPENDIENTE	V1F	24	58:42	2:05:03.03	2:04:32	05:56	0:56:19
553	11	Rodríguez Moldes, Victor Manuel		SMN	110	51:31	2:05:41.19	2:05:36	05:57	0:56:57
554	303	Dominguez Triñanes, Jaime		V3M	31	58:42	2:05:44.96	2:05:01	05:58	0:57:01
555	366	González Pagés, Mateo	MAIS QUE AUGA	V2M	129	56:01	2:05:53.68	2:05:12	05:58	0:57:10
556	393	Crispin Otero, Jose	VIGOENTRENA	V3M	32	56:00	2:06:07.12	2:05:25	05:59	0:57:23
557	248	Cacabelos Padin, Maria Luisa		V2F	8	56:01	2:06:14.53	2:06:05	05:59	0:57:31
558	306	Bermúdez Bilbao, Antonio		V4M	5	1:00:54	2:06:21.04	2:05:47	05:59	0:57:37
559	30	Losada Novoa, Alejandra		SNF	24	56:13	2:06:30.56	2:05:48	06:00	0:57:47
560	166	Aguin Bastos, Juan Carlos	C.D. RIA DE AROUSA	V1M	220	56:25	2:07:47.91	2:07:39	06:03	0:59:04
561	33	Nuñez Pampin, Ruben		SMN	111	56:54	2:08:36.07	2:08:10	06:06	0:59:52
562	300	Ralero Fernández, César	VETERANOS DE SAMIL/MANUEL TOMÁS	V3M	33	1:00:14	2:08:44.50	2:08:25	06:06	1:00:01
563	79	Perez, Silvia	ESCOLA DE ATLETISMO PAULA MAYOBRI	SNF	25	1:00:16	2:09:04.52	2:08:50	06:07	1:00:21
564	180	Rozas Abella, Xaime	TEAM CORBELO	V1M	221	58:12	2:09:42.31	2:09:11	06:09	1:00:58
565	305	Perez Castro, Carmelo	INDEPENDIENTE	V4M	6	1:00:13	2:09:43.39	2:09:19	06:09	1:00:59
566	325	Ojea Fernandez, Pablo		SMN	112	1:02:23	2:10:26.24	2:09:45	06:11	1:01:42
567	344	Castiñeira Cespon, Maria Del Carmen		V1F	25	1:02:24	2:10:26.75	2:09:44	06:11	1:01:43
568	143	Castro Triñanes, Jose Manuel		V1M	222	59:45	2:10:39.55	2:10:01	06:12	1:01:56
569	401	Pan Pena, Carmen	NOSPORTLIMIT	V1F	26	1:00:21	2:11:22.26	2:10:59	06:14	1:02:38
570	404	Sande Rumbo, Raquel	NOSPORTLIMIT	V2F	9	1:00:25	2:11:23.77	2:11:00	06:14	1:02:40
571	651	Martínez Jiménez, Cristina		V1F	27	1:00:42	2:11:38.13	2:10:56	06:14	1:02:54
572	603	Cons Mendez, Nieves		V1F	28	1:00:43	2:13:20.75	2:12:30	06:19	1:04:37
573	262	Perez Rodriguez, Antonio Felipe	INDEPENDIENTE	V2M	130	1:03:11	2:14:08.25	2:13:34	06:21	1:05:24
574	514	Castiñeira Gil, Manuel	INDEPENDIENTE	V2M	131	1:00:35	2:15:46.75	2:15:30	06:26	1:07:03
575	656	Noya Portela, Aurora		V1F	29	1:00:49	2:16:15.52	2:15:40	06:27	1:07:32
576	604	García Villanueva, Ana Belén		V1F	30	1:02:47	2:16:23.72	2:16:11	06:28	1:07:40
577	56	Lopez Jabois, Angeles	TIRILLAS GENTE CORRIENTE	SNF	26	1:04:29	2:16:42.24	2:16:31	06:29	1:07:58
578	441	Portela Barreiro, Vanesa		V1F	31	1:02:47	2:17:14.02	2:17:01	06:30	1:08:30
579	129	Cereijo Mendez, Teresa	TIRILLAS GENTE CORRIENTE	V1F	32	1:04:30	2:18:03.87	2:17:52	06:33	1:09:20

580	22	Pardo Naveiro, Cristina	TIRILLAS GENTE CORRIENTE	SNF	27	1:04:29	2:18:03.96	2:17:52	06:33	1:09:20
581	223	Calatayud, Isa	RANING	V2F	10	1:04:43	2:19:52.06	2:19:10	06:38	1:11:08
582	243	Alcazar, Manuel	RANING	V2M	132	1:04:44	2:19:53.04	2:19:10	06:38	1:11:09

1	2	Penas Blanco, Manuel Angel	Club New Balance	ABSM	12	1:08:44.27	03:15	Columna3
ABSOLUTO FEMININO								
31	1	Mayobre, Paula		ABSF	1	1:22:07.37	03:54	0:13:23
57	71	Fernández Gil, Beatriz	CLUBCORREDOIRASBUEU@GMAIL.COM	ABSF	2	1:25:41.99	04:04	0:16:58
64	432	Granero Otero, Monica	INDEPENDIENTE	ABSF	3	1:26:16.19	04:05	0:17:32
ABSOLUTO MASCULINO								
1	2	Penas Blanco, Manuel Angel	Club New Balance	ABSM	1	1:08:44.27	03:15	
2	114	Essaadaoui, Akka	INDEPENDIENTE	ABSM	2	1:09:40.92	03:18	0:00:57
3	202	Domínguez Cabral, Elías Salvador	ATLETISMO SANTIAGO	ABSM	3	1:11:40.01	03:24	0:02:56
SENIOR MASCULINO								
4	308	Álvarez Costas, Alejandro	COMESAÑA SPORTING CLUB	SMN	1	1:12:46.28	03:27	0:04:02
5	398	Castro Varela, Anxo	ASOCIACION DEPORTIVA CERNE MELIDE	SMN	2	1:14:57.48	03:33	0:06:13
10	655	Castro, Ignacio		SMN	3	1:17:08.59	03:39	0:08:25
11	541	Dobarro Landeira, Adrian	ATLETISMO FONTES DO SAR	SMN	4	1:17:19.15	03:40	0:08:35
12	74	Rodríguez Vidal, Ruben	C.D. RIA DE AROUSA O GROVE	SMN	5	1:17:49.68	03:41	0:09:06
16	32	García Padín, Daniel	C.D. RIA DE AROUSA	SMN	6	1:18:41.85	03:44	0:09:58
20	1637	hermelo gomez, sergio		SMN	7	1:20:24.13	03:49	0:11:40
21	575	Lorenzo lopez, Manuel	C.D. PINARIUM	SMN	8	1:20:30.10	03:49	0:11:46
22	581	Fernández Gómez, Antonio		SMN	9	1:20:35.20	03:49	0:11:51
24	51	Oubiña Falcón, Maxi	CLUB ATLETISMO CAMBADOS	SMN	10	1:20:40.50	03:49	0:11:57
27	585	Sobral Gonzalez, Manuel	C.D.PINARIUM	SMN	11	1:21:31.04	03:52	0:12:47
35	416	Calvo Rodríguez, Gerardo	INDEPENDIENTE	SMN	12	1:22:54.95	03:56	0:14:11
40	31	Cacabelos Bea, Rafael	C.D. RÍA DE AROSA	SMN	13	1:23:34.47	03:58	0:14:50
45	320	Otero Ramirez, Alejandro	A BOUZA SPRINT	SMN	14	1:23:42.43	03:58	0:14:58
46	328	Beiro Fernandez, Raul	S.A.VAL MIÑOR	SMN	15	1:23:56.58	03:59	0:15:13
49	39	Garcia Padin, David	C.D.RIA DE AROUSA	SMN	16	1:24:56.14	04:02	0:16:12
61	57	Moldes Gonzalez, Alejo	INDEPENDIENTE	SMN	17	1:25:51.90	04:04	0:17:08
63	578	Fraga Adrio, Carlos	GESTSPORT	SMN	18	1:26:11.48	04:05	0:17:27
72	47	Pascual Fidalgo, Marcos A.		SMN	19	1:26:52.84	04:07	0:18:09
74	78	Pérez Fernandez, Salvador	INDEPENDIENTE	SMN	20	1:26:58.24	04:07	0:18:14
79	427	Vigo Perez, Javier	INDEPENDIENTE	SMN	21	1:27:34.47	04:09	0:18:50
81	26	Fuentes Bardanca, Daniel	INDEPENDIENTE	SMN	22	1:27:43.11	04:09	0:18:59
87	21	Caneda Devesa, Eros Martin	OGROBE TROTTERS	SMN	23	1:28:30.03	04:12	0:19:46

92	15	Garcia Balboa, Alfredo	INDEPENDIENTE	SMN	24	1:29:01.15	04:13	0:20:17
99	55	Chaves mon, Ramiro	INDEPENDIENTE	SMN	25	1:29:39.39	04:15	0:20:55
107	72	Sueiro Méndez, Miguel	CLUB ATLETISMO CAMBADOS	SMN	26	1:29:58.60	04:16	0:21:15
110	580	Castroagudin Gómez, Adrián	ATLETISMO +9 MORAÑA	SMN	27	1:30:11.43	04:16	0:21:27
111	34	Fernández Devesa, Julio	C.D. RIA DE AROUSA	SMN	28	1:30:16.24	04:17	0:21:32
113	5	datod, Sin	SAN MIGUEL DE MARÍN	SMN	29	1:30:18.99	04:17	0:21:35
116	70	Triñanes Costa, Eloy		SMN	30	1:30:25.55	04:17	0:21:42
118	629	Nimo Del Oro, Pedro	3&RUN BY PEDRO NIMO	SMN	31	1:30:26.17	04:17	0:21:42
119	13	Vilavedra Zarazo, Pablo	INDEPENDIENTE	SMN	32	1:30:34.64	04:18	0:21:51
125	61	Ferreiro Fernandez, Asdrubal	LA NIETA DEL FARERO	SMN	33	1:30:43.68	04:18	0:22:00
128	591	Martínez Portela, Francisco	GESTSPORT	SMN	34	1:31:02.84	04:19	0:22:19
132	18	Ventín Lombos, Cristian	INDEPENDIENTE	SMN	35	1:31:26.98	04:20	0:22:43
136	35	Romay Rodriguez, Ricardo	INDEPENDIENTE	SMN	36	1:32:09.03	04:22	0:23:25
141	17	Outeda Garrido, Héctor	OGROBE TROTTERS	SMN	37	1:32:24.89	04:23	0:23:41
145	48	Accion, Javier	LA NIETA DEL FARERO	SMN	38	1:32:34.41	04:23	0:23:50
150	409	Gonzalez Dominguez, Álvaro	INDEPENDIENTE	SMN	39	1:32:58.04	04:24	0:24:14
151	323	Pazos Otero, Diego		SMN	40	1:33:02.08	04:25	0:24:18
165	309	Comesaña Chavert, Dario	MAISQUEAUGA	SMN	41	1:33:57.85	04:27	0:25:14
170	54	Pérez González, David	ATLETISMO A CANUDA SEGUROS BILBAO	SMN	42	1:34:09.10	04:28	0:25:25
171	326	Veiga Gutierrez, Borja	OBESIX TEAM	SMN	43	1:34:14.78	04:28	0:25:31
173	324	Cacheiro Dieguez, Angel		SMN	44	1:34:24.60	04:28	0:25:41
175	424	Garcia Gestido, Jose Angel	INDEPENDIENTE	SMN	45	1:34:28.95	04:29	0:25:45
178	422	Fraguas Cadavid, Bruno		SMN	46	1:34:37.31	04:29	0:25:53
183	418	Vázquez Cortizo, Juan Miguel	INDEPENDIENTE	SMN	47	1:35:12.37	04:31	0:26:28
199	19	Santiago Estévez, Santiago		SMN	48	1:36:02.62	04:33	0:27:19
201	330	Pérez Iglesias, Rubén	CLUB ATLETISMO TORUTUJAS TOMIÑO	SMN	49	1:36:14.75	04:34	0:27:31
209	425	Barragán Gamallo, Jacobo	LA NIETA DEL FARERO	SMN	50	1:36:58.33	04:36	0:28:14
230	37	Vázquez Vázquez, Víctor		SMN	51	1:38:14.34	04:39	0:29:30
231	52	Rosal Chaves, Diego		SMN	52	1:38:17.35	04:39	0:29:33
232	27	Veiga Rubirosa, Pablo	SPORTING CLUB LIBERTAD	SMN	53	1:38:18.36	04:40	0:29:34
236	67	Hassan Fernandez, Rafael		SMN	54	1:38:27.31	04:40	0:29:43
241	318	Alonso Rodríguez, Manuel Antonio	VIGORUNNERS	SMN	55	1:38:41.36	04:41	0:29:57
252	586	Garcia Fernandez, Jose Antonio		SMN	56	1:39:04.47	04:42	0:30:20
258	429	Abraham Fernandez, Jesus		SMN	57	1:39:13.67	04:42	0:30:30
261	7	Alvarez Vazquez, Alejandro Jesús	INDEPENDIENTE	SMN	58	1:39:17.01	04:42	0:30:33
267	62	Amado Rodríguez, Alejandro	INDEPENDIENTE	SMN	59	1:39:32.38	04:43	0:30:48
268	540	Creo Seoane, Jairo	INDEPENDIENTE	SMN	60	1:39:32.39	04:43	0:30:48

272	588	Pazó Otero, Javier	LIEBRES	SMN	61	1:39:37.69	04:43	0:30:54
278	657	Sobral Martinez, Miguel Enrique		SMN	62	1:39:50.48	04:44	0:31:06
280	426	Pey Pujadas, Enric	INDEPENDIENTE	SMN	63	1:39:57.64	04:44	0:31:14
283	41	Gutiérrez Ojea, Alejandro	INDEPENDIENTE	SMN	64	1:40:17.39	04:45	0:31:33
286	411	Sanguinetti Rodríguez, Fernando An	INDEPENDIENTE	SMN	65	1:40:20.33	04:45	0:31:36
289	24	Balboa Besada, Edgar	TEAM CORBELO	SMN	66	1:40:23.49	04:45	0:31:39
298	587	Sierra López, Rafael	+9 MORAÑA	SMN	67	1:41:11.72	04:48	0:32:28
299	410	Gómez-randulfe Rodríguez, Martín Igor		SMN	68	1:41:15.69	04:48	0:32:32
310	312	Iglesias Amoedo, Marcial		SMN	69	1:41:54.32	04:50	0:33:10
311	413	Iribarren, Tomás		SMN	70	1:42:11.77	04:51	0:33:28
317	112	Touriño Vázquez, Manuel Ángel		SMN	71	1:42:32.40	04:52	0:33:48
318	14	Perez Prieto, Ruben	OGROBE TROTTERS	SMN	72	1:42:40.47	04:52	0:33:56
319	8	Abal Magariños, Daniel	ATLETISMO +9 MORAÑA	SMN	73	1:42:50.43	04:52	0:34:06
320	421	Cousiño Vidal, Jesús	OBESIX TEAM	SMN	74	1:42:51.32	04:52	0:34:07
333	399	Santos-diez, Borja	CLUB HÉRCULES TERMARIA	SMN	75	1:43:09.69	04:53	0:34:26
334	329	Molinero Malvido, Ruben		SMN	76	1:43:12.56	04:53	0:34:29
335	417	Sanmartin Gomez, Jose Manuel	INDEPENDIENTE	SMN	77	1:43:16.30	04:54	0:34:32
346	322	Vazquez Alvarez, Fernando		SMN	78	1:43:59.63	04:56	0:35:16
348	44	Navia Giráldez, Adrián		SMN	79	1:44:04.13	04:56	0:35:20
349	49	Lombao Blanco, Alejandro	CLUB MONTEPENARUBIA LUGO	SMN	80	1:44:20.52	04:57	0:35:37
363	29	Camiña Ucha, Basilio	INDEPENDIENTE	SMN	81	1:45:00.57	04:59	0:36:17
366	25	Paredes Prieto, Manuel		SMN	82	1:45:26.81	05:00	0:36:43
368	397	Garcés Calle, Juan Carlos		SMN	83	1:45:42.31	05:01	0:36:58
374	6	Bea Cano, José Miguel		SMN	84	1:46:48.08	05:04	0:38:04
375	76	Mayo Zubiela, Sergio	MARZO SAUDE	SMN	85	1:46:49.86	05:04	0:38:06
376	420	Paz Miguez, Jose Antonio		SMN	86	1:47:01.80	05:04	0:38:18
384	430	Cuntin Gomez, Anton		SMN	87	1:47:20.56	05:05	0:38:37
385	16	Besada Vidal, Juan Miguel		SMN	88	1:47:30.81	05:06	0:38:47
389	73	Perez De Juan Burgos, Miguel		SMN	89	1:47:35.66	05:06	0:38:52
393	414	Fernández Valdés, Iñaki	INDEPENDIENTE	SMN	90	1:47:47.13	05:06	0:39:03
398	36	López Vázquez, José	INDEPENDIENTE	SMN	91	1:48:03.18	05:07	0:39:19
401	331	Cendón Domínguez, Marcos	METROPOLITAN	SMN	92	1:48:27.70	05:08	0:39:44
405	9	Leiro Magdalena, Marcos	INDEPENDIENTE	SMN	93	1:48:52.33	05:10	0:40:08
416	419	Serantes Fernández, Andrés	INDEPENDIENTE	SMN	94	1:49:34.59	05:12	0:40:51
419	317	Míguez San Isidro, Benigno	VIGORUNNERS	SMN	95	1:49:46.62	05:12	0:41:03
420	583	Castro Fojo, Luis Miguel		SMN	96	1:49:49.88	05:12	0:41:06
425	46	Perez Conde, Alejandro	CLUB ATLETISMO CAMBADOS	SMN	97	1:50:09.73	05:13	0:41:26

440	433	Torres Rego, Oscar	ATLETISMO +9 MORAÑA	SMN	98	1:50:50.00	05:15	0:42:06
446	23	Castro Oliveira, Javier	INDEPENDIENTE	SMN	99	1:51:05.43	05:16	0:42:21
474	321	Iglesias Martínez, Miguel	NOTTINGHAM PRISAS	SMN	100	1:52:37.63	05:20	0:43:54
491	53	Nuñez Mosteiro, Ruben	C.A.C CAMBADOS	SMN	101	1:54:12.36	05:25	0:45:28
496	50	Alvarez Carballa, Toño		SMN	102	1:54:41.94	05:26	0:45:58
505	423	Gonzalez Curro, Braulio	INDEPENDIENTE	SMN	103	1:55:22.32	05:28	0:46:38
507	80	Muñoz Rubio, Antonio	INDEPENDIENTE	SMN	104	1:55:42.57	05:29	0:46:59
508	43	Padin Gomez, Ruben Ivan	INDEPENDIENTE	SMN	105	1:55:52.52	05:30	0:47:09
524	431	Peña López, Rubén		SMN	106	1:56:56.85	05:33	0:48:13
527	68	Gonzalez Moldes, Javier	INDEPENDIENTE	SMN	107	1:57:07.91	05:33	0:48:24
528	316	Artime Martinez, Eloy	INDEPENDIENTE	SMN	108	1:57:15.10	05:33	0:48:31
544	58	Piñeiro Chaves, Ángel	PUNTA CABALO AROUSA RUNNERS	SMN	109	2:01:35.14	05:46	0:52:51
552	11	Rodriguez Moldes, Victor Manuel		SMN	110	2:05:41.19	05:57	0:56:57
560	33	Nuñez Pampin, Ruben		SMN	111	2:08:36.07	06:06	0:59:52
565	325	Ojea Fernandez, Pablo		SMN	112	2:10:26.24	06:11	1:01:42
SENIOR FEMININO								
106	75	Figueroa Figueroa, Maria Del Rosari	RUNGALICIA.COM	SNF	1	1:29:55.03	04:16	0:21:11
195	542	Silvelo Pallin, Tania	USC	SNF	2	1:35:58.93	04:33	0:27:15
208	60	Portela, Carina	C.D. RIA DE AROUSA	SNF	3	1:36:54.04	04:36	0:28:10
216	69	Vilas Perez, Vanessa		SNF	4	1:37:29.63	04:37	0:28:46
217	63	Villaverde Rosales, Marga	INDEPENDIENTE	SNF	5	1:37:32.39	04:37	0:28:48
271	65	Ángeles Castro, María	CORREDOIRAS BUEU	SNF	6	1:39:36.60	04:43	0:30:53
322	408	Baúlo Escudeiro, Andrea	CLUBE ATLETISMO CAMBADOS	SNF	7	1:42:54.57	04:53	0:34:11
362	28	Alarcón Sabarís, Leticia	RUNGALICIA	SNF	8	1:44:56.98	04:58	0:36:13
403	310	Valle Perez, Maria Jose	ASOCIACION DEPORTIVA CAR	SNF	9	1:48:36.89	05:09	0:39:53
418	315	Puerta Álvarez, Rocío C.	INDEPENDIENTE	SNF	10	1:49:38.96	05:12	0:40:55
424	20	Portela Varela, Myriam		SNF	11	1:50:06.64	05:13	0:41:23
436	582	Rodriguez Estevez, Patricia		SNF	12	1:50:46.82	05:15	0:42:03
455	59	Casar Diaz, Patricia		SNF	13	1:51:45.19	05:18	0:43:01
458	311	Míguez Fernández, Rosa		SNF	14	1:51:54.69	05:18	0:43:11
460	576	Mulloni Martínez, Samantha	GESTSPORT	SNF	15	1:51:55.11	05:18	0:43:11
461	38	Fernández Campo, Elena	ADN RUNNERS - TELMO PELUQUEROS	SNF	16	1:51:59.44	05:18	0:43:15
481	412	Bernardez Rodríguez, Ana		SNF	17	1:53:04.37	05:22	0:44:20
492	66	Serantes Cuiñas, Marta	CLUBE ATLETISMO CAMBADOS	SNF	18	1:54:12.99	05:25	0:45:29
497	538	Seoane Cajaraville, Sara		SNF	19	1:54:46.48	05:26	0:46:02
515	10	Maceira Pena, Miriam	SERVICIO VILAGARCÍA	SNF	20	1:56:36.35	05:32	0:47:52
522	12	Goñi Rodrigo, Laura	GIMNÁSTICA PONTEVEDRA	SNF	21	1:56:56.43	05:33	0:48:12

538	579	Veiga Santos, Victoria	GESTSPORT	SNF	22	2:00:01.43	05:41	0:51:17
549	584	Fariña Sousa, Noemí	CLUB DEPORTIVO PINARIUM	SNF	23	2:04:34.09	05:54	0:55:50
558	30	Losada Novoa, Alejandra		SNF	24	2:06:30.56	06:00	0:57:47
562	79	Perez, Silvia	ESCOLA DE ATLETISMO PAULA MAYOBRI	SNF	25	2:09:04.52	06:07	1:00:21
576	56	Lopez Jabois, Angeles	TIRILLAS GENTE CORRIENTE	SNF	26	2:16:42.24	06:29	1:07:58
579	22	Pardo Naveiro, Cristina	TIRILLAS GENTE CORRIENTE	SNF	27	2:18:03.96	06:33	1:09:20
VETERAN 1 FEMININO								
274	592	Quintana Miranda, Fatima		V1F	1	1:39:44.84	04:44	0:31:01
288	627	Cotovad Malvar, Maria Del Carmen	GESTSPORT	V1F	2	1:40:22.93	04:45	0:31:39
294	107	Balsera, Raquel	CENTRO FISIOTERAPIA RAQUEL BALSERA	V1F	3	1:40:38.99	04:46	0:31:55
304	138	Otero Otero, Chus	CLUBE ATLETISMO CAMBADOS	V1F	4	1:41:25.41	04:48	0:32:41
367	601	Sequeiros Giraldez, Rosana	LIEBRES	V1F	5	1:45:37.18	05:00	0:36:53
383	130	Fernandez Lopez, Cristina	CLUB TRIATLON MORRAZO	V1F	6	1:47:18.72	05:05	0:38:35
428	165	Garrido Miguez, Mara	C.D. RIA DE AROUSA	V1F	7	1:50:12.95	05:13	0:41:29
434	163	Vaillant Martínez, Mayelín	TEAM CORBELO	V1F	8	1:50:45.10	05:15	0:42:01
435	164	Oreiro Chapela, Claudia	NOSPORTLIMIT	V1F	9	1:50:45.67	05:15	0:42:02
448	111	Lopez Parente, Maria		V1F	10	1:51:09.09	05:16	0:42:25
450	350	Lorenzo Álvarez, Mónica		V1F	11	1:51:21.65	05:17	0:42:38
457	189	Bragaña Miguens, Maria		V1F	12	1:51:45.78	05:18	0:43:02
459	207	Iglesias Correa, Patricia	TEAM CORBELO	V1F	13	1:51:54.95	05:18	0:43:11
464	435	Del Valle González, Verónica	COMPLEXO DEPORTIVO CAMPOLONGO	V1F	14	1:52:03.99	05:19	0:43:20
479	137	Sueiro Garcia, Aya		V1F	15	1:53:00.55	05:21	0:44:17
483	174	Herbello Millan, Beatriz		V1F	16	1:53:18.11	05:22	0:44:34
503	478	Pousa Torres, Deborah		V1F	17	1:55:16.59	05:28	0:46:33
506	458	Nuñez Prego, Isabel	INDEPENDIENTE	V1F	18	1:55:24.75	05:28	0:46:41
523	621	Lopez Mosteiro, Ana Isabel	CDPINARIUM	V1F	19	1:56:56.70	05:33	0:48:13
530	348	Dominguez Mouriño, Natividad		V1F	20	1:57:24.10	05:34	0:48:40
534	402	Iglesias Fraga, Ines	CLUB ATLETISMO SADA	V1F	21	1:58:05.95	05:36	0:49:22
540	403	Vázquez Hernández, Pastora		V1F	22	2:00:56.02	05:44	0:52:12
543	159	Alfonso Pita, Rocío		V1F	23	2:01:23.79	05:45	0:52:40
551	400	Reenberg Sogaard Sorensen, Berit	INDEPENDIENTE	V1F	24	2:05:03.03	05:56	0:56:19
566	344	Castiñeira Cespon, Maria Del Carmen		V1F	25	2:10:26.75	06:11	1:01:43
568	401	Pan Pena, Carmen	NOSPORTLIMIT	V1F	26	2:11:22.26	06:14	1:02:38
570	651	Martínez Jiménez, Cristina		V1F	27	2:11:38.13	06:14	1:02:54
571	603	Cons Mendez, Nieves		V1F	28	2:13:20.75	06:19	1:04:37
574	656	Noya Portela, Aurora		V1F	29	2:16:15.52	06:27	1:07:32
575	604	García Villanueva, Ana Belén		V1F	30	2:16:23.72	06:28	1:07:40

577	441	Portela Barreiro, Vanesa		V1F	31	2:17:14.02	06:30	1:08:30
578	129	Cereijo Mendez, Teresa	TIRILLAS GENTE CORRIENTE	V1F	32	2:18:03.87	06:33	1:09:20
VETERAN 1 MASCULINO								
6	610	Janeiro, Jorge	C.D.PINARIUM	V1M	1	1:15:16.28	03:34	0:06:32
7	611	Vieites Carballo, Manuel	CUNTIS	V1M	2	1:15:33.16	03:35	0:06:49
8	455	Barros González, Abel	ATLETISMO +9 MORAA	V1M	3	1:15:40.18	03:35	0:06:56
13	599	Diaz Iglesias, Juan	GESTSPORT	V1M	4	1:18:06.11	03:42	0:09:22
14	347	Alvarez Otero, Jose Antonio		V1M	5	1:18:24.42	03:43	0:09:40
15	135	Alonso Figueroa, Pablo	CLUB TRIATLON MORRAZO	V1M	6	1:18:27.59	03:43	0:09:44
17	596	Omil Iglesias, Jose Manuel	CLUB DEPORTIVO PINARIUM	V1M	7	1:19:37.00	03:46	0:10:53
19	120	Pacheco Martinez, Victor Hugo	INDEPENDIENTE	V1M	8	1:19:48.54	03:47	0:11:05
26	152	Perez Prieto, Gerardo	CLUBE ATLETISMO CAMBADOS	V1M	9	1:21:25.48	03:52	0:12:41
28	176	Cacheda Chouza, Cristóbal	TEAM CORBELO	V1M	10	1:21:37.00	03:52	0:12:53
29	616	Fernandez Martínez, Fernando	OLIMPICO DE VEDRA	V1M	11	1:21:47.07	03:53	0:13:03
32	566	Seoane Pombo, José Manuel		V1M	12	1:22:09.38	03:54	0:13:25
33	549	Villaverde Vázquez, Luis Alberto	3&RUN BY PEDRO NIMO	V1M	13	1:22:10.75	03:54	0:13:27
34	472	Boo Grande, Marcos	INDEPENDIENTE	V1M	14	1:22:20.45	03:54	0:13:36
36	157	Fernández Mendez, Jose Manuel	CORREDORES DO MIÑO	V1M	15	1:23:13.63	03:57	0:14:30
38	83	Otero Garrido, Javier	CD RIA DE AROUSA	V1M	16	1:23:25.62	03:57	0:14:42
39	100	Rios Ferradás, Agustín	INDEPENDIENTE	V1M	17	1:23:33.65	03:58	0:14:50
43	609	Fernández Góme, Raimundo		V1M	18	1:23:38.31	03:58	0:14:54
47	449	Santiago Bosch, José Antonio	CLUB DEPORTIVO PINARIUM	V1M	19	1:24:09.79	03:59	0:15:26
50	192	Vázquez Remigio, Juan Diego	RIA DE AROUSA	V1M	20	1:24:56.34	04:02	0:16:12
51	194	Martínez Nieto, Michel	CLUB ATLETISMO OUTES-JOHN TURKEY C	V1M	21	1:25:22.57	04:03	0:16:39
52	88	Carreira Oubiña, Manuel		V1M	22	1:25:28.47	04:03	0:16:44
53	562	Ameal Lorenzo, Eduardo		V1M	23	1:25:30.58	04:03	0:16:47
54	90	Torre Soengas, Abraham	VERXEL NUTRICIÓN DEPORTIVA	V1M	24	1:25:31.26	04:03	0:16:47
58	543	Gomez Fernandez, Adrian	INDEPENDIENTE	V1M	25	1:25:44.74	04:04	0:17:01
59	211	Verde Piñeiro, Ricardo	CORREDOIRAS BUEU	V1M	26	1:25:45.39	04:04	0:17:01
60	160	Limeres Posse, Jacobo	UNIVERSIDAD SANTIAGO	V1M	27	1:25:51.32	04:04	0:17:07
62	123	Losada Pérez, José		V1M	28	1:26:07.63	04:05	0:17:24
65	612	Pérez Soto, Laureano	RUNPONTEVEDRA	V1M	29	1:26:31.28	04:06	0:17:47
67	128	Estévez Estévez, Martín	CORREDOIRAS BUEU	V1M	30	1:26:39.97	04:06	0:17:56
68	169	Hermida Castro, Jose Luis	A.D LIMIACTIVA	V1M	31	1:26:42.40	04:07	0:17:58
69	162	Fernandez Cambados, Joaquin	ATLETISMO RIA DE AROUSA	V1M	32	1:26:50.34	04:07	0:18:06
70	437	Torres Neira, Mateo		V1M	33	1:26:50.38	04:07	0:18:06
73	561	Queiruga Triñanes, Suso	CD PORTOSIN	V1M	34	1:26:53.84	04:07	0:18:10

77	489	Rey Jácome, Vicente	INDEPENDIENTE	V1M	35	1:27:24.52	04:09	0:18:41
80	468	Gil Dopazo, Ricardo	VETERANOS DE GALICIA	V1M	36	1:27:39.03	04:09	0:18:55
82	177	Prol Cambados, Jose Santos	ATLETISMO RIA DE AROUSA	V1M	37	1:27:47.06	04:10	0:19:03
83	147	Arias Quintero, David	WHERE IS THE CHANDAL?	V1M	38	1:27:52.68	04:10	0:19:09
84	341	Costas Iglesias, Serafin	COMESAÑA SPORTING CLUB	V1M	39	1:28:08.17	04:11	0:19:24
86	158	Rodríguez Domíngues, Andrés	C.D. PINARIUM	V1M	40	1:28:29.06	04:12	0:19:45
88	597	Carballal Gonzalez, Antonio	CLUB DEPORTIVO PINARIUM	V1M	41	1:28:33.22	04:12	0:19:49
94	89	Perez Rodas, Daniel	INDEPENDIENTE	V1M	42	1:29:12.54	04:14	0:20:29
95	97	Barreiro Piñeiro, Santiago	CORREDOIRAS BUEU	V1M	43	1:29:21.44	04:14	0:20:37
96	457	Frieiro, Olivier		V1M	44	1:29:26.41	04:14	0:20:42
97	337	Fernandez, Walter		V1M	45	1:29:33.16	04:15	0:20:49
98	133	Gonzalez Martinez, Jose Antonio	CAC CAMBADOS	V1M	46	1:29:38.92	04:15	0:20:55
100	622	Mera Rodriguez, Jose Carlos	PONTE A CORRER	V1M	47	1:29:43.09	04:15	0:20:59
101	195	De La Torre Garcia, Paco	C.D PORTOSIN	V1M	48	1:29:45.54	04:15	0:21:02
103	217	Blanco Magdalena, Francisco Javier	CLUBE DEPORTIVO RIA DE AROUSA DO G	V1M	49	1:29:51.46	04:16	0:21:07
104	212	Mujeriego Gomez, Jose Luis		V1M	50	1:29:52.15	04:16	0:21:08
105	141	Álvarez Serto, Ángel	AROMON	V1M	51	1:29:54.48	04:16	0:21:10
109	117	Rodríguez Fontán, Gonzalo		V1M	52	1:30:02.52	04:16	0:21:19
112	145	Lorenzo García, David	PC RÍAS BAIXAS	V1M	53	1:30:16.92	04:17	0:21:33
114	551	Carballas Reboredo, David	INDEPENDIENTE	V1M	54	1:30:21.74	04:17	0:21:38
115	544	Rey Iglesias, Juan Jose	3&RUN BY PEDRO NIMO	V1M	55	1:30:22.77	04:17	0:21:39
117	91	Herrera Garcia, David	3&RUN BY PEDRO NIMO	V1M	56	1:30:25.65	04:17	0:21:42
120	343	Mariño Fernández, Isaac	ADN RUNNERS - TELMO PELUQUEROS	V1M	57	1:30:36.22	04:18	0:21:52
121	352	Afonso Teixeira, Jose	INDEPENDIENTE	V1M	58	1:30:36.69	04:18	0:21:53
122	447	Barreiro Marquez, José Antonio		V1M	59	1:30:38.00	04:18	0:21:54
123	121	Ferreiro Deaño, Alfredo	CLUB DEPORTIVO AURUM	V1M	60	1:30:38.85	04:18	0:21:55
124	181	Lorenzo Silva, Ángel	AGENCIA MORLA PADRÓN	V1M	61	1:30:41.83	04:18	0:21:58
131	659	Fernandez Fernandez, Oscar	INDEPENDIENTE	V1M	62	1:31:15.36	04:19	0:22:31
133	205	Fernandez Blanco, Cesar	ASOCIACION DEPORTIVA CAR	V1M	63	1:31:44.11	04:21	0:23:00
134	214	Rama González, Fernando	TANINOS RUNNERS PONTEAREAS	V1M	64	1:31:46.26	04:21	0:23:02
135	558	Mendez Quintela, Francisco M.	NOITEBRA FC	V1M	65	1:32:04.15	04:22	0:23:20
137	349	Fernandez Perez, Oscar Manuel	VIGORUNNERS	V1M	66	1:32:11.82	04:22	0:23:28
138	473	Pazo Pereira, Jose Manuel	SERVICIO	V1M	67	1:32:12.95	04:22	0:23:29
139	481	Gomez Valiño, Raul		V1M	68	1:32:17.20	04:22	0:23:33
142	148	González Gómez, Oscar	INDEPENDIENTE	V1M	69	1:32:26.44	04:23	0:23:42
143	201	Rodríguez Viso, Marcos	ESPRINTES OURENSE	V1M	70	1:32:29.64	04:23	0:23:46
144	101	Otero Araujo, Carlos Alberto		V1M	71	1:32:33.75	04:23	0:23:50

152	183	Loada Fernandez, Roberto	BOX001ORENSE	V1M	72	1:33:05.48	04:25	0:24:21
154	167	Ulla Rega, Manuel	ASOCIACIÓN DEPORTIVA C.A.R	V1M	73	1:33:12.49	04:25	0:24:28
160	598	Pereira Fariña, Alberto		V1M	74	1:33:36.02	04:26	0:24:52
161	170	Seoane Muñiz, Tomás	INDEPENDIENTE	V1M	75	1:33:42.61	04:26	0:24:59
168	628	Fernandez Balboa, Manuel	PONTE A CORRER	V1M	76	1:34:06.94	04:28	0:25:23
172	462	Vilela, Pablo	PONTE A CORRER	V1M	77	1:34:23.54	04:28	0:25:40
174	438	Fernandez Landeiro, Juan		V1M	78	1:34:26.70	04:29	0:25:43
177	198	Juviño Prego, Angel	DREAM TEAM	V1M	79	1:34:36.74	04:29	0:25:53
179	358	García Miñan, Faustino	INDEPENDIENTE	V1M	80	1:34:52.33	04:30	0:26:08
181	150	Diz Chaves, Manuel	ARMENTEIRA E PUNTO	V1M	81	1:34:54.88	04:30	0:26:11
184	94	Pérez Barbeito, Yago	NOSPORTLIMIT	V1M	82	1:35:15.13	04:31	0:26:31
185	127	Rey Varela, Ismael	CLUB CICLISTA EO	V1M	83	1:35:21.32	04:31	0:26:37
188	461	Paz Otero, Daniel	VETERANOS DE GALICIA	V1M	84	1:35:44.02	04:32	0:27:00
189	197	Muñiz Muñiz, Xoán		V1M	85	1:35:44.03	04:32	0:27:00
190	161	Trelles Campos, Manolo	CLUB DEPORTIVO RIA DE AROUSA	V1M	86	1:35:45.30	04:32	0:27:01
191	476	Gómez Feijoo, Manuel Angel	INDEPENDIENTE	V1M	87	1:35:46.48	04:32	0:27:02
193	488	Briones Mejjide, Jorge	NOSPORTLIMIT	V1M	88	1:35:48.47	04:32	0:27:04
194	600	García Muñiz, Miguel Ángel	VDA. ATENAS RUNNING	V1M	89	1:35:53.70	04:33	0:27:10
196	119	Sanchez Rilo, Ivan		V1M	90	1:36:00.24	04:33	0:27:16
197	134	Santas Parente, Enrique		V1M	91	1:36:00.40	04:33	0:27:16
202	126	Caamaño Figueira, Juan Ramon		V1M	92	1:36:16.14	04:34	0:27:32
203	188	Vergara Freire, Miguel	CLUB ATLETISMO SADA	V1M	93	1:36:25.75	04:34	0:27:42
204	155	Puente Veiga, Manuel		V1M	94	1:36:33.20	04:35	0:27:49
205	625	García García, José Jesus		V1M	95	1:36:33.32	04:35	0:27:49
206	607	Millan, Rafael		V1M	96	1:36:40.47	04:35	0:27:56
207	215	Romay Dominguez, Santiago	C.D. RIA DE AROSA	V1M	97	1:36:53.98	04:36	0:28:10
211	445	Sanguinetti Rodriguez, Santiago	CLUB SOCIAL BANCO PASTOR	V1M	98	1:37:15.68	04:37	0:28:32
212	452	Prado Maqueira, Jose Luis	INDEPENDIENTE	V1M	99	1:37:19.31	04:37	0:28:35
213	613	Antón Santiago, Roberto	C.D. PINARIUM	V1M	100	1:37:23.87	04:37	0:28:40
214	559	Palacios Martín, Jesús	CLUB ATLETISMO SANTIAGO	V1M	101	1:37:26.01	04:37	0:28:42
215	620	Lores Rodriguez, Alberto		V1M	102	1:37:26.39	04:37	0:28:42
220	618	Barahona Martinez, Fernando Jose	TEAM CORBELO	V1M	103	1:37:39.03	04:38	0:28:55
221	453	Sabajanes Pallares, Ivan		V1M	104	1:37:41.03	04:38	0:28:57
222	116	Gonzalez Garcia, Fernando	CLUBE DEPORTIVO RIA DE AROUSA DO G	V1M	105	1:37:49.52	04:38	0:29:06
224	354	González Vila, José Luis		V1M	106	1:37:55.03	04:38	0:29:11
227	122	Sendín Raña, Pablo		V1M	107	1:38:05.22	04:39	0:29:21
229	179	Biurrun González, Alberto		V1M	108	1:38:09.64	04:39	0:29:26

234	208	Fernandez Losada, Pablo		V1M	109	1:38:24.86	04:40	0:29:41
235	109	Januszewski, Uwe	INDEPENDIENTE	V1M	110	1:38:25.50	04:40	0:29:42
242	110	Caneda Piñeiro, Jose Manuel	CLUB DEPORTIVO RIA DE AROUSA	V1M	111	1:38:43.79	04:41	0:30:00
243	477	Taboada Fírvida, Manuel	INDEPENDIENTE	V1M	112	1:38:43.90	04:41	0:30:00
245	444	Mendez Iribarren, Pablo	INDEPENDIENTE	V1M	113	1:38:46.45	04:41	0:30:02
246	118	Perez Rodriguez, Jesus Eduardo	BUDIÑORAID	V1M	114	1:38:47.82	04:41	0:30:04
247	568	Dopazo Batalla, Marcos Antonio	INDEPENDIENTE	V1M	115	1:38:54.86	04:41	0:30:11
253	131	Soto Lopez, Manuel	WHERE IS THE CHANDAL?	V1M	116	1:39:07.93	04:42	0:30:24
254	451	Fontenla Portas, Daniel	INDEPENDIENTE	V1M	117	1:39:08.47	04:42	0:30:24
256	442	Lorenzo Guimarans, Fernando	INDEPENDIENTE	V1M	118	1:39:13.34	04:42	0:30:29
257	171	Carral Rodríguez, Camilo		V1M	119	1:39:13.64	04:42	0:30:30
259	465	Blanco Fariña, Eduardo		V1M	120	1:39:15.38	04:42	0:30:31
262	102	Soto Buceta, Sergio	CLUBE ATLETISMO CAMBADOS	V1M	121	1:39:20.87	04:43	0:30:37
263	187	Mende, Timo	INDEPENDIENTE	V1M	122	1:39:25.62	04:43	0:30:42
264	96	Varela Crespo, Mario Daniel	ATLETISMO ARENTEIRO	V1M	123	1:39:26.95	04:43	0:30:43
266	593	Troitiño Limeres, Laureano		V1M	124	1:39:29.50	04:43	0:30:46
269	553	Gomez Pasantes, Jose Manuel	INDEPENDIENTE	V1M	125	1:39:32.39	04:43	0:30:48
275	87	Alfonso Lois, Bruno		V1M	126	1:39:45.49	04:44	0:31:01
276	443	Alonso Blach, Javier	INDEPENDIENTE	V1M	127	1:39:49.56	04:44	0:31:06
277	334	Rodríguez Pérez, José Manuel	INDEPENDIENTE	V1M	128	1:39:50.37	04:44	0:31:06
279	448	Peso Ares, Manuel Marcial		V1M	129	1:39:56.62	04:44	0:31:13
281	206	Fernandez Lores, Bruno	C.D. RIA DE AROUSA	V1M	130	1:40:12.11	04:45	0:31:28
282	463	Beltrán Taboada, José Julián	MILER RUNNING CLUB	V1M	131	1:40:16.61	04:45	0:31:33
284	460	Vázquez Álvarez, Jose Juan	INDEPENDIENTE	V1M	132	1:40:19.13	04:45	0:31:35
293	103	Andrade Padin, Damian	GALAEKIA	V1M	133	1:40:38.62	04:46	0:31:55
295	199	Blanco Fernández, Jorge		V1M	134	1:40:45.48	04:47	0:32:01
302	124	Montero Gonzalez, Javier		V1M	135	1:41:22.10	04:48	0:32:38
303	346	Lopez Vazquez, David	INDEPENDIENTE	V1M	136	1:41:22.91	04:48	0:32:39
312	454	Carmuega Nerga, David	INDEPENDIENTE	V1M	137	1:42:14.97	04:51	0:33:31
313	359	García Otero, Alberto	INDEPENDIENTE	V1M	138	1:42:15.92	04:51	0:33:32
323	450	Mendez Alvarez, Elias	RUNPONTEVEDRA	V1M	139	1:42:55.13	04:53	0:34:11
324	446	García Blanco, Oscar	RUNPONTEVEDRA	V1M	140	1:42:55.13	04:53	0:34:11
325	564	Mallo Nieves, José Manuel		V1M	141	1:43:00.47	04:53	0:34:16
329	191	Otero Díaz, Mario	C.D. RÍA DE AROUSA	V1M	142	1:43:03.67	04:53	0:34:20
330	175	Cuiña Balado, Javier	INDEPENDIENTE	V1M	143	1:43:05.48	04:53	0:34:21
332	151	Fernandez Lopez, Juan Luis	CLUB TRIATLON MORRAZO	V1M	144	1:43:07.38	04:53	0:34:23
337	615	Prieto Yáñez, Angel Luis	GESTSPORT	V1M	145	1:43:18.49	04:54	0:34:34

341	439	Ramón Cachón, Valeriano		V1M	146	1:43:28.70	04:54	0:34:45
342	357	Vázquez Gestal, Marcos		V1M	147	1:43:40.75	04:55	0:34:57
343	153	Gutiérrez Ojea, Fernando		V1M	148	1:43:41.78	04:55	0:34:58
345	345	Devora Jimenez, Miguel Ángel	INDEPENDIENTE	V1M	149	1:43:48.32	04:55	0:35:04
350	178	Cal Dominguez, Marcos		V1M	150	1:44:27.34	04:57	0:35:43
352	106	Vazquez Figueiras, Javier		V1M	151	1:44:42.00	04:58	0:35:58
354	550	Rodriguez Framil, Alfonso		V1M	152	1:44:43.11	04:58	0:35:59
356	614	Abuin Gey, José Enrique	ATLETISMO +9 MORaña	V1M	153	1:44:47.47	04:58	0:36:03
358	342	Chamorro Refojos, Jose Manuel		V1M	154	1:44:51.13	04:58	0:36:07
360	479	Calvo Bernárdez, Fernando		V1M	155	1:44:56.22	04:58	0:36:12
364	136	Fandiño Cerqueira, Manuel Enrique	INDEPENDIENTE	V1M	156	1:45:03.54	04:59	0:36:20
365	484	Castro Fernandez, Javier	CLUB MONTEPENARUBIA LUGO	V1M	157	1:45:08.87	04:59	0:36:25
369	190	Dominguez Cabral, Enrique		V1M	158	1:45:57.85	05:01	0:37:14
379	336	Alvarez Estevez, Oscar	VIGORUNNERS	V1M	159	1:47:17.38	05:05	0:38:33
382	92	Veiga Jalda, Felipe	CLUB TRIATLON MORRAZO	V1M	160	1:47:18.35	05:05	0:38:34
387	196	Rodríguez Castro, Manuel	C.D. RÍA DE AROUSA DO GROVE	V1M	161	1:47:34.21	05:06	0:38:50
388	213	Devesa Otero, David	C.D. RÍA DE AROUSA DO GROVE	V1M	162	1:47:34.96	05:06	0:38:51
391	204	Varela Gonzalez, Jorge		V1M	163	1:47:39.40	05:06	0:38:55
395	132	Garabatos Barciela, David	ASOCIACION DEPORTIVA CAR	V1M	164	1:47:52.08	05:07	0:39:08
400	485	Botana Parcerero, Alberto	INDEPENDIENTE	V1M	165	1:48:08.17	05:07	0:39:24
402	139	Novo Martínez, David		V1M	166	1:48:35.87	05:09	0:39:52
404	146	Bouzada Pombo, Diego		V1M	167	1:48:37.12	05:09	0:39:53
406	626	Pérez Torreira, José Manuel	PINARIUM	V1M	168	1:48:54.60	05:10	0:40:11
408	185	Dominguez Valcarreras, Félix		V1M	169	1:49:01.83	05:10	0:40:18
409	115	Fontoira Otero, Oscar	CLUBE DEPORTIVO RIA DE AROUSA DO G	V1M	170	1:49:07.08	05:10	0:40:23
411	355	Veloso Espiñeira, Manuel		V1M	171	1:49:12.53	05:11	0:40:29
412	140	Santamaria Chaves, Eugenio		V1M	172	1:49:12.77	05:11	0:40:29
413	156	Gondar Otero, Diego		V1M	173	1:49:14.65	05:11	0:40:31
414	471	Girón Fernández, Emilio	INDEPENDIENTE	V1M	174	1:49:24.72	05:11	0:40:41
415	144	Fraile López, David	ASOCIACION DEPORTIVA CAR	V1M	175	1:49:25.15	05:11	0:40:41
417	168	Novo Lens, Alvaro		V1M	176	1:49:36.82	05:12	0:40:53
421	470	Rodriguez Baquero, Miguel Angel	GV SPORTS	V1M	177	1:49:52.08	05:12	0:41:08
422	351	Besada Montenegro, Roberto	ATHLETICS FISIOTERAPIA SAN LAZARO	V1M	178	1:49:53.71	05:12	0:41:10
426	482	Mendez-benegassi, Pedro	INDEPENDIENTE	V1M	179	1:50:10.35	05:13	0:41:26
427	104	Varela Valladares, Bruno		V1M	180	1:50:11.44	05:13	0:41:27
429	436	Fariña González, Jose Carlos		V1M	181	1:50:16.90	05:14	0:41:33
432	149	Casais Sesto, Daniel	INDEPENDIENTE	V1M	182	1:50:39.50	05:15	0:41:56

433	619	Pérez Galiñanes, Francisco Javier		V1M	183	1:50:45.05	05:15	0:42:01
437	469	Fernández De Heredia, Joaquín	MILER RUNNING CLUB	V1M	184	1:50:48.18	05:15	0:42:04
438	99	Núñez Prego, Manuel	CENTRO FISIOTERAPIA RAQUEL BALSERA	V1M	185	1:50:49.34	05:15	0:42:05
441	172	Guimarey Formoso, Jose Alberto		V1M	186	1:50:56.49	05:15	0:42:12
445	474	Huerta De Uña, Diego Luis	PONTE A CORRER	V1M	187	1:51:04.92	05:16	0:42:21
447	98	Iglesias Rabanal, Vicente		V1M	188	1:51:06.27	05:16	0:42:22
451	650	Meis Otero, Santiago		V1M	189	1:51:31.43	05:17	0:42:47
454	486	Campos Couselo, Alberto	INDEPENDIENTE	V1M	190	1:51:42.90	05:18	0:42:59
456	605	Porto Dios, Gerardo		V1M	191	1:51:45.19	05:18	0:43:01
463	82	Vazquez Alonso, Fran	INDEPENDIENTE	V1M	192	1:52:02.01	05:19	0:43:18
465	464	Ucha Solla, Juan		V1M	193	1:52:07.43	05:19	0:43:23
467	554	Montero Vilar, Santiago		V1M	194	1:52:13.54	05:19	0:43:30
469	200	Deza Gomez, Andres	TEAM CORBELO	V1M	195	1:52:22.81	05:20	0:43:39
471	332	Fernandez Galego, Ruben	ABANCA	V1M	196	1:52:27.44	05:20	0:43:43
472	184	Basdedios Novas, Martin	CLUB DEPORTIVO RIA DE AROUSA	V1M	197	1:52:32.87	05:20	0:43:49
473	335	Cardoso Alonso, Isaac	INDEPENDIENTE	V1M	198	1:52:35.73	05:20	0:43:52
475	338	Alvarez Alvarez, Jorge		V1M	199	1:52:40.13	05:20	0:43:56
476	466	López De Lerma Casas, Miguel Ángel	PONTE A CORRER	V1M	200	1:52:50.08	05:21	0:44:06
485	487	Iglesias Fernandez, Enrique	INDEPENDIENTE	V1M	201	1:53:24.17	05:22	0:44:40
487	565	Caridad Domínguez, Santiago		V1M	202	1:53:31.08	05:23	0:44:47
489	333	Vilar Alonso, Walter	VIGORUNNERS	V1M	203	1:53:47.04	05:24	0:45:03
499	340	Porto Suarez, Fran	XHUZAS TEAM	V1M	204	1:54:51.34	05:27	0:46:07
500	105	Besada Currás, Manuel	XHUZAS TEAM	V1M	205	1:54:54.00	05:27	0:46:10
502	353	Pujales Blanco, José Ángel	VIGOENTRENA	V1M	206	1:55:01.07	05:27	0:46:17
510	475	Rodriguez Gonzalez, Roberto	INDEPENDIENTE	V1M	207	1:56:06.20	05:30	0:47:22
511	154	Nuñez Cousido, Antonio	C D PINARIUM	V1M	208	1:56:21.82	05:31	0:47:38
512	203	Prol Galiñanes, Daniel	INDEPENDIENTE	V1M	209	1:56:25.46	05:31	0:47:41
513	85	Rodriguez Vidal, Ivan		V1M	210	1:56:30.40	05:31	0:47:46
514	567	Rodriguez Gonzalez, Alvaro		V1M	211	1:56:33.25	05:31	0:47:49
519	356	Benitez Ocampo, Juan		V1M	212	1:56:45.50	05:32	0:48:02
531	557	Marzoa Tarrío, Adrian	SYNAPTYCA RUNNING	V1M	213	1:57:30.22	05:34	0:48:46
535	602	Duran, Carlos		V1M	214	1:58:31.34	05:37	0:49:47
539	483	Carballo Nercellas, Andres	INDEPENDIENTE	V1M	215	2:00:26.64	05:42	0:51:43
542	173	López Rodríguez, José Luis		V1M	216	2:01:17.56	05:45	0:52:34
546	480	Roma Balseiros, Alberto	INDEPENDIENTE	V1M	217	2:01:48.53	05:46	0:53:05
547	434	Gonzalez Balboa, Alejandro		V1M	218	2:02:13.90	05:48	0:53:30
559	166	Aguin Bastos, Juan Carlos	C.D. RIA DE AROUSA	V1M	219	2:07:47.91	06:03	0:59:04

563	180	Rozas Abella, Xaime	TEAM CORBELO	V1M	220	2:09:42.31	06:09	1:00:58
567	143	Castro Triñanes, Jose Manuel		V1M	221	2:10:39.55	06:12	1:01:56
VETERAN 2 FEMININO								
85	570	Saez Batallan, Isabel	ATLETISMO A ESTRADA	V2F	1	1:28:18.46	04:11	0:19:34
237	362	Figueroa Salgado, Paula	INDEPENDIENTE	V2F	2	1:38:30.73	04:40	0:29:47
331	227	Calvar Bermudez, Monica Yolanda	CLUB ATLETISMO SAMERTOLAMEU	V2F	3	1:43:07.30	04:53	0:34:23
396	259	Tarela Miramontes, Loli		V2F	4	1:47:53.21	05:07	0:39:09
526	375	Carreira Costas, Montserrat	COMESAÑA SPORTING CLUB	V2F	5	1:57:03.30	05:33	0:48:19
529	364	Mosquera Rodriguez, Ana	MAISQUEAUGA	V2F	6	1:57:21.99	05:34	0:48:38
537	380	Guerra Rodriguez, Angeles	VIGORUNNERS	V2F	7	2:00:00.33	05:41	0:51:16
556	248	Cacabelos Padin, Maria Luisa		V2F	8	2:06:14.53	05:59	0:57:31
569	404	Sande Rumbo, Raquel	NOSPORTLIMIT	V2F	9	2:11:23.77	06:14	1:02:40
580	223	Calatayud, Isa	RANING	V2F	10	2:19:52.06	06:38	1:11:08
VETERAN 2 MASCULINO								
9	631	Carrasco Rodriguez, Juan		V2M	1	1:17:08.23	03:39	0:08:24
18	495	Barcala Mora, Victor	INDEPENDIENTE	V2M	2	1:19:43.00	03:47	0:10:59
23	251	Sobrado Fernandez, Antonio	ASOCIACIÓN DEPORTIVA C.A.R	V2M	3	1:20:39.81	03:49	0:11:56
25	516	Barros Monteagudo, Anxo	VETERANOS DE GALICIA	V2M	4	1:21:19.19	03:51	0:12:35
30	371	Alba Alonso, Miguel		V2M	5	1:22:03.26	03:53	0:13:19
37	256	Vazquez Iglesias, Antonio	BURGAS OURENSE ATLETISMO	V2M	6	1:23:14.24	03:57	0:14:30
41	634	Pazos Campos, Francisco	ATLETISMO + 9 MORAña	V2M	7	1:23:36.00	03:58	0:14:52
42	236	Mendes Pinheiro, Helder Gabriel		V2M	8	1:23:38.19	03:58	0:14:54
44	505	Gallego Mandado, Fernando		V2M	9	1:23:42.11	03:58	0:14:58
48	632	De Rivas Martín-maestro, José Antor	PONTE A CORRER	V2M	10	1:24:37.61	04:01	0:15:54
55	643	Morenza doforno, German	DEPORTIVO PINARIUM	V2M	11	1:25:36.96	04:03	0:16:53
56	280	Iglesias González, Ángel	CORREDOIRAS BUEU	V2M	12	1:25:41.98	04:04	0:16:58
66	264	Falcón Pérez, Santiago	AT. RIA DE AROUSA	V2M	13	1:26:36.51	04:06	0:17:53
75	526	Sánchez Murcia, José Alfredo	VETERANOS DE GALICIA	V2M	14	1:27:13.26	04:08	0:18:29
76	284	Neira, Manuel		V2M	15	1:27:17.58	04:08	0:18:34
89	219	Fuentes Sayar, Jose Angel	CLUB DEPORTIVO PINARIUM	V2M	16	1:28:41.25	04:12	0:19:57
90	374	Rodríguez Prieto, Manuel	INDEPENDIENTE	V2M	17	1:28:43.12	04:12	0:19:59
91	278	Pérez Lago, Angel	CORREDOIRAS BUEU	V2M	18	1:29:00.09	04:13	0:20:16
93	493	González Chayan, Jose Manuel	VETERANOS DE GALICIA	V2M	19	1:29:08.59	04:13	0:20:25
102	502	Balea Piñeiro, Jose Ramiro	INDEPENDIENTE	V2M	20	1:29:45.69	04:15	0:21:02
108	508	Refojos Arencibia, Francisco Javier	INDEPENDIENTE	V2M	21	1:30:01.62	04:16	0:21:18
126	258	Carrera, José	VIGORUNNERS	V2M	22	1:30:49.45	04:18	0:22:05
127	270	Caeiro González, Eugenio	CLUB MONTEPENARUBIA LUGO	V2M	23	1:30:49.57	04:18	0:22:06

129	231	Blanco Figueirido, Marcos Antonio		V2M	24	1:31:03.56	04:19	0:22:20
130	633	Aramburu García-pintos, Alberto		V2M	25	1:31:11.84	04:19	0:22:28
140	224	Taboada González, Miguel		V2M	26	1:32:23.80	04:23	0:23:40
146	277	Vega Rodríguez, Gonzalo		V2M	27	1:32:37.97	04:23	0:23:54
147	253	Carballido Araujo, Víctor Manuel	TANINOS RUNNERS PONTEAREAS	V2M	28	1:32:43.15	04:24	0:23:59
148	498	Perez Alvarez, Jaime	RUN PONTEVEDRA	V2M	29	1:32:47.44	04:24	0:24:03
149	523	Soto Otero, Francisco Xabier	RUN PONTEVEDRA	V2M	30	1:32:47.64	04:24	0:24:04
153	261	Hernández Lozano, Felix Manuel	CORUÑA COMARCA ATLETISMO	V2M	31	1:33:10.96	04:25	0:24:27
156	276	Álvarez Flores, José Antonio	INDEPENDIENTE	V2M	32	1:33:23.88	04:26	0:24:40
158	503	Cespón Outeda, Francisco	PONTEVEDRUNNERS	V2M	33	1:33:25.03	04:26	0:24:41
159	507	Barreiro Lobato, Ramón	ATENAS RUNNIG VDA	V2M	34	1:33:35.58	04:26	0:24:52
162	260	Codón Vega, Alfonso	INDEPENDIENTE	V2M	35	1:33:43.08	04:26	0:24:59
163	225	Raña Gregorio, Xan	C.A.R. MARISQUEIRO	V2M	36	1:33:43.76	04:27	0:25:00
164	230	Perez Meis, Francisco Jose	C.D. RIA DE AROUSA O GROVE	V2M	37	1:33:57.84	04:27	0:25:14
167	406	Carrera Carrera, Xosé Manuel	TANINOS RUNNERS PONTEAREAS	V2M	38	1:34:05.24	04:28	0:25:21
169	269	Barreiro Padin, Fonso	RIA DE AROUSA	V2M	39	1:34:07.68	04:28	0:25:24
176	494	Leon Mateos, Luis	INDEPENDIENTE	V2M	40	1:34:35.89	04:29	0:25:52
180	384	Reboreda Graña, Amador	ASOCIACION DEPORTIVA CAR	V2M	41	1:34:54.04	04:30	0:26:10
182	244	Boveda Castro, Jose Luis	CLUB DEPORTIVO RIA DE AROUSA	V2M	42	1:35:08.66	04:31	0:26:25
186	235	Requejo Rodríguez, José Luis	ATLETISMO ARENTEIRO	V2M	43	1:35:40.16	04:32	0:26:56
198	275	Baltar Estévez, Víctor		V2M	44	1:36:00.82	04:33	0:27:17
200	229	Carneiro, Miguel		V2M	45	1:36:05.08	04:33	0:27:21
210	218	Vázquez, Eduardo		V2M	46	1:37:04.84	04:36	0:28:21
218	510	Sueiro Torres, Jesus		V2M	47	1:37:34.00	04:37	0:28:50
223	282	Varela Cachafeiro, Antonio	POMASA	V2M	48	1:37:53.62	04:38	0:29:10
225	237	Piñeiro Rey, Arturo		V2M	49	1:37:56.97	04:39	0:29:13
226	246	Fernández García, Manuel	CD PINARIUM	V2M	50	1:38:03.99	04:39	0:29:20
228	500	Da Silva, Antonio	INDEPENDIENTE	V2M	51	1:38:05.38	04:39	0:29:21
233	520	Torres Agis, Jose Benito		V2M	52	1:38:21.20	04:40	0:29:37
238	249	Rodríguez Piñeiro, Ricardo	TRINORTH-NOGASA	V2M	53	1:38:33.91	04:40	0:29:50
240	272	Vazquez Orejas, Javier Angel		V2M	54	1:38:38.47	04:40	0:29:54
244	636	Ruiz García, Carlos	PONTE A CORRER	V2M	55	1:38:45.32	04:41	0:30:01
248	385	Rodríguez Poral, Alberto	INDEPENDIENTE	V2M	56	1:38:58.10	04:41	0:30:14
255	255	Guimaré González, Daniel	ARCHIENEMIGOS TEAM	V2M	57	1:39:10.41	04:42	0:30:26
260	271	Perez Miñones, Rogelio Manuel		V2M	58	1:39:16.08	04:42	0:30:32
270	382	Estevez rodriguez, Daniel		V2M	59	1:39:35.82	04:43	0:30:52
273	569	Antelo Ferro, Fernando	NOITEBRA FC	V2M	60	1:39:43.11	04:44	0:30:59

285	518	Lareu Gutierrez, Jose Manuel	CLUBE ATLETISMO CAMBADOS	V2M	61	1:40:20.12	04:45	0:31:36
287	239	Dopazo Louzan, Javier	MILER RUNNING CLUB	V2M	62	1:40:21.11	04:45	0:31:37
290	257	Padín Triñanes, Alejandro	C.D. RIA DE AROUSA	V2M	63	1:40:23.65	04:45	0:31:40
297	642	Queizán Piñeiro, Joaquin		V2M	64	1:41:06.38	04:48	0:32:22
301	491	Hermida Fontan, Enrique	INDEPENDIENTE	V2M	65	1:41:21.82	04:48	0:32:38
305	241	Pintado Costa, Juan Manuel	CLUB ATLETISMO CAMBADOS	V2M	66	1:41:27.73	04:49	0:32:44
308	638	Alonso Escaño, Bernardo	C D PINARIUM	V2M	67	1:41:48.59	04:50	0:33:05
309	240	Villaverde Otero, Cándido		V2M	68	1:41:49.86	04:50	0:33:06
314	273	Abal Morrazo, Emilio	INDEPENDENTE	V2M	69	1:42:20.08	04:51	0:33:36
315	512	Boleas Ramón, David	C.A.R. MARISQUEIRO	V2M	70	1:42:25.84	04:51	0:33:42
316	274	Iglesias Iglesias, Isidro	C.D.RIA DE AROUSA	V2M	71	1:42:29.02	04:51	0:33:45
321	630	Garcia Arellano, Daniel	RUN PONTEVEDRA	V2M	72	1:42:53.44	04:53	0:34:09
326	573	Alende Cea, Ramon	NOITEBRA FC	V2M	73	1:43:01.35	04:53	0:34:17
327	368	Martinez Chouza, Isaac	CASTRELOS 20:30	V2M	74	1:43:01.93	04:53	0:34:18
328	266	Gandon Estevez, Manoel Anxo	RUNGALICIA.COM	V2M	75	1:43:02.78	04:53	0:34:19
336	247	Gonzalez Novoa, Raul	EGO RUDERICO	V2M	76	1:43:16.99	04:54	0:34:33
340	504	Santos González, Javier	VETERAN@S DE GALICIA	V2M	77	1:43:28.21	04:54	0:34:44
344	640	Vieira Magdalena, Luis	LIEBRES	V2M	78	1:43:43.57	04:55	0:35:00
351	265	Diaz Garcia, Francisco Eladio	GRASIAS	V2M	79	1:44:37.95	04:58	0:35:54
353	370	Jandra Gonzalez, Jesus	A BOUZA SPRINT	V2M	80	1:44:43.10	04:58	0:35:59
355	254	Pardo Lopez, Xose M.		V2M	81	1:44:45.73	04:58	0:36:02
359	641	Rodriguez Bacariza, Juan Antonio		V2M	82	1:44:52.02	04:58	0:36:08
361	513	Rodriguez Braga, Ángel Luis		V2M	83	1:44:56.38	04:58	0:36:12
370	379	Dacal Souto, Manuel	MAISQUEAUGA	V2M	84	1:45:58.72	05:01	0:37:15
371	281	Pantín Reigada, Ángel		V2M	85	1:46:04.44	05:02	0:37:20
372	658	Pazos Martinez, Manuel		V2M	86	1:46:18.14	05:02	0:37:34
373	222	Fernandez Carreira, Jesus Angel		V2M	87	1:46:37.07	05:03	0:37:53
377	517	Perez Laspra, Melchor		V2M	88	1:47:05.03	05:05	0:38:21
378	367	Campos Dominguez, Jose Martin	FUXING CLUB	V2M	89	1:47:10.57	05:05	0:38:27
380	492	Pérez Garcia, Jose Antonio		V2M	90	1:47:17.56	05:05	0:38:34
381	378	Zabaleta Martinez, Juan	INDEPENDIENTE	V2M	91	1:47:17.95	05:05	0:38:34
392	250	Abuin Chaves, Carlos	CD.RIA DE AROUSA O GROVE	V2M	92	1:47:39.84	05:06	0:38:56
394	360	Varela Gestoso, Rodrigo	INDEPENDIENTE	V2M	93	1:47:49.17	05:07	0:39:05
397	639	Abal Beiro, Antonio	C.D. PINARIUM	V2M	94	1:48:02.22	05:07	0:39:18
399	267	Rivas Castro, Juan		V2M	95	1:48:07.91	05:07	0:39:24
407	285	Ochoa Vidal, Francisco		V2M	96	1:48:55.96	05:10	0:40:12
410	635	Porto Dios, Rogelio		V2M	97	1:49:10.17	05:10	0:40:26

423	263	Aparicio Grande, Félix		V2M	98	1:49:57.52	05:13	0:41:14
430	252	Rodríguez Gonzalez, Jose	INDEPENDIENTE	V2M	99	1:50:19.15	05:14	0:41:35
431	279	Campos, Andres		V2M	100	1:50:26.21	05:14	0:41:42
439	381	Sanchez Amez, Antonio	INDEPENDIENTE	V2M	101	1:50:49.61	05:15	0:42:06
442	496	Fariña Fraga, José Manuel	INDEPENDIENTE	V2M	102	1:50:59.34	05:16	0:42:15
444	242	Maquieira Cacabelos, Juan Jose		V2M	103	1:51:04.21	05:16	0:42:20
449	521	Fernández Currás, Fernando	INDEPENDIENTE	V2M	104	1:51:10.66	05:16	0:42:27
453	572	García Marin, Jorge		V2M	105	1:51:40.93	05:18	0:42:57
462	286	Burlido Borrego, Jose Isaias		V2M	106	1:52:00.24	05:18	0:43:16
468	376	Gomez Coira, Ignacio	INDEPENDIENTE	V2M	107	1:52:18.77	05:19	0:43:35
470	497	Ferro Folgar, Fabricio		V2M	108	1:52:25.98	05:20	0:43:42
477	283	Rodilla Guerricagoitia, Santiago		V2M	109	1:52:50.28	05:21	0:44:06
478	527	Vilela Pereira, Miguel Angel	VETERANOS DE GALICIA	V2M	110	1:52:59.14	05:21	0:44:15
480	233	Anula Rodriguez, Carlos		V2M	111	1:53:01.91	05:21	0:44:18
482	268	González Luis, Ricardo		V2M	112	1:53:12.10	05:22	0:44:28
486	228	Martinez Dobalo, Miguel Angel	INDEPENDIENTE	V2M	113	1:53:30.26	05:23	0:44:46
488	221	Freijeiro Otero, Jose Ramón		V2M	114	1:53:37.00	05:23	0:44:53
490	365	Carpintero Domínguez, Julio	INDEPENDIENTE	V2M	115	1:54:08.63	05:25	0:45:25
493	511	López Gómez, Marcos	INDEPENDIENTE	V2M	116	1:54:25.93	05:25	0:45:42
494	506	Freijido Lens, Ramón	OS CHANCAS RUNNING CLUB	V2M	117	1:54:27.10	05:25	0:45:43
501	525	Pazos Gonzalez, Gonzalo		V2M	118	1:54:54.86	05:27	0:46:11
504	377	Alba Alonso, Javier		V2M	119	1:55:18.63	05:28	0:46:35
509	369	Gomez Quintela, Fernando	INDEPENDIENTE	V2M	120	1:56:03.82	05:30	0:47:20
517	363	Otero Ramirez, Fernando	A BOUZA SPRINT	V2M	121	1:56:45.49	05:32	0:48:01
518	383	Fernandez Abalde, Jose Antonio	INDEPENDIENTE	V2M	122	1:56:46.47	05:32	0:48:02
520	405	Tejeiro Méndez, Indalecio	CLUB ATLETISMO SADA	V2M	123	1:56:53.91	05:32	0:48:10
521	524	Varela Mariño, Alfonso	INDEPENDIENTE	V2M	124	1:56:54.70	05:32	0:48:11
532	571	Liñares Martinez, Jose Ignacio	NOITEBRA FC	V2M	125	1:57:38.18	05:35	0:48:54
536	220	Marquez Cortizo, Enrique		V2M	126	1:59:53.33	05:41	0:51:09
545	234	Chan Lamelas, Roberto		V2M	127	2:01:36.21	05:46	0:52:52
550	245	Perez Neiva, Enrique Javier	MAIS QUE AUGA	V2M	128	2:04:35.12	05:54	0:55:51
554	366	González Pagés, Mateo	MAIS QUE AUGA	V2M	129	2:05:53.68	05:58	0:57:10
572	262	Perez Rodriguez, Antonio Felipe	INDEPENDIENTE	V2M	130	2:14:08.25	06:21	1:05:24
573	514	Castiñeira Gil, Manuel	INDEPENDIENTE	V2M	131	2:15:46.75	06:26	1:07:03
581	243	Alcazar, Manuel	RANING	V2M	132	2:19:53.04	06:38	1:11:09
VETERAN 3 FEMININO								
498	529	Rodríguez Sobrino, Celina	ATLETISMO +9 MORaña	V3F	1	1:54:50.87	05:27	0:46:07

VETERAN 3 MASCULINO								
71	288	Martínez García, José Antonio	CLUB DE ATLETISMO SADA	V3M	1	1:26:50.89	04:07	0:18:07
78	389	Perez Gil, Santiago		V3M	2	1:27:28.64	04:09	0:18:45
155	533	Calvo Gerardi, Manuel	ATLETISMO +9 MORAÑA	V3M	3	1:33:14.51	04:25	0:24:31
157	528	Santiago Pazos, Isidoro	INDEPENDIENTE	V3M	4	1:33:23.88	04:26	0:24:40
166	297	Piñeiro Torres, Juan Miguel	INDEPENDIENTE	V3M	5	1:34:01.44	04:27	0:25:17
187	390	Gonzalez Pino, Francisco		V3M	6	1:35:42.10	04:32	0:26:58
192	530	Justo Martínez, Juan	POMASA	V3M	7	1:35:47.29	04:32	0:27:03
219	645	Cameán Lampón, Juan	VETERANOS DE SAMIL/MANUEL TOMÁS	V3M	8	1:37:37.62	04:38	0:28:54
239	301	Deza Sabaris, Ramiro	TEAM CORBELO	V3M	9	1:38:37.41	04:40	0:29:53
251	644	Villaverde Cabaleiro, Jose Luis	VETERANOS DE GALICIA	V3M	10	1:39:03.66	04:42	0:30:20
265	388	Chamorro Rodriguez, Eugenio	CHARCUTERIA FILO	V3M	11	1:39:27.67	04:43	0:30:44
291	387	Costa Ferrer, Luis	S.A.VAL MIÑOR	V3M	12	1:40:25.37	04:46	0:31:41
292	534	Pita Andreu, Jose		V3M	13	1:40:29.90	04:46	0:31:46
296	296	Gallardo Francisco, Benito	INDEPENDIENTE	V3M	14	1:40:49.77	04:47	0:32:06
300	531	Vidal Villar, Javier	INDEPENDIENTE	V3M	15	1:41:20.91	04:48	0:32:37
306	289	Saavedra Villamor, Venancio		V3M	16	1:41:36.73	04:49	0:32:53
338	407	Fernandez Rodriguez, Avelino	INDEPENDIENTE	V3M	17	1:43:19.46	04:54	0:34:35
339	292	Guzman Lorenzo, Guillermo	AUTOTODO CARBALLIÑO	V3M	18	1:43:21.33	04:54	0:34:37
357	396	Otero Rodriguez, Placido		V3M	19	1:44:51.12	04:58	0:36:07
386	299	Conde Torres, Jose Ramon		V3M	20	1:47:31.10	05:06	0:38:47
390	392	Curros Magallanes, Jorge		V3M	21	1:47:37.99	05:06	0:38:54
443	290	Lopez Rivas, Jose	INDEPENDIENTE	V3M	22	1:51:01.99	05:16	0:42:18
466	291	Alfonso Perez, Manuel Antonio		V3M	23	1:52:11.20	05:19	0:43:27
484	295	Sarmiento Gonzalez, Manuel angel		V3M	24	1:53:21.17	05:22	0:44:37
495	302	Capelo Ríos, Manuel	SERVICIO CAMPOLONGO	V3M	25	1:54:30.84	05:26	0:45:47
516	386	Lopez Paz, Ruben		V3M	26	1:56:38.65	05:32	0:47:55
525	395	Rocha Portela, Carlos		V3M	27	1:56:58.07	05:33	0:48:14
533	532	Lafuente, Fernando	INDEPENDIENTE	V3M	28	1:57:59.27	05:36	0:49:15
541	574	Paseiro Pardal, Enrique	SYNPTYCA RUNNING	V3M	29	2:01:17.00	05:45	0:52:33
548	394	Porteiro Fernandez, Cesar	NO	V3M	30	2:04:21.89	05:54	0:55:38
553	303	Dominguez Triñanes, Jaime		V3M	31	2:05:44.96	05:58	0:57:01
555	393	Crispin Otero, Jose	VIGOENTRENA	V3M	32	2:06:07.12	05:59	0:57:23
561	300	Ralero Fernández, César	VETERANOS DE SAMIL/MANUEL TOMÁS	V3M	33	2:08:44.50	06:06	1:00:01
VETERAN 4 MASCULINO								
249	535	Sobrino Castroman, Francisco	VETERANOS DE GALICIA	V4M	1	1:38:58.85	04:41	0:30:15
307	304	Garrido Oubiña, Enrique	INDEPENDIENTE	V4M	2	1:41:38.35	04:49	0:32:54

347	536	Constenla Fontan, Julio Cesar	ATENAS RUNNIG VDA	V4M	3	1:44:00.31	04:56	0:35:16
452	307	Pedreño Nieto, Enrique	CLUB ATLETOS	V4M	4	1:51:40.08	05:18	0:42:56
557	306	Bermúdez Bilbao, Antonio		V4M	5	2:06:21.04	05:59	0:57:37
564	305	Perez Castro, Carmelo	INDEPENDIENTE	V4M	6	2:09:43.39	06:09	1:00:59